



Wellesley Recreation Department 2016 Winter Programs



Wellesley Recreation...*never a dull moment!*

The Wellesley Recreation Department offers programs year round and publishes seasonal brochures for fall, winter, spring/summer programs. Registration is held four times a year.

All Recreation Department programs are self-supporting. Fees charged for programs cover the cost of materials, pay instructor salaries and help defray other costs. Non-residents may register for classes and are charged a \$10 non-resident fee.

The Wellesley Recreation Commission consists of five elected members, who meet regularly to review policy and procedures. The Commission welcomes community input.

A Director, Deputy Director, Associate Director, two secretaries and custodians staff the Warren Building, home of the Recreation Department. Program instructors and part time employees are hired on a seasonal basis. We are always interested in speaking to potential instructors.

All recreation facilities are maintained by the Park & Tree Division of the Wellesley Department of Public Works.

RECREATION DEPARTMENT STAFF

DIRECTOR
Matt Chin

DEPUTY DIRECTOR
TBD

ASSOCIATE DIRECTOR
Brandon Fitts

SECRETARY
Mary Ward

SECRETARY
Kris Bemis

RECREATION COMMISSION

Chairperson, Steve Burt
Vice Chairperson, Tripp Sheehan
Matthew McKay • Mark Wolfson • Andy Wrobel

• • •

WELLESLEY RECREATION OFFICE

Warren Building
90 Washington Street, Wellesley, MA 02481
781-235-2370
wellesleyma.gov/recreation

Important Phone Numbers

TOWN DEPARTMENTS

DPW	781-235-7600
Health Department	781-235-0135
High School	781-446-6290
Middle School	781-446-6235
Natural Resources Comm.	781-431-1019 ext 2290
Parks Department	781-235-7600 ext 2335
Recreation Department	781-235-2370
School Administration	781-446-6200

SPORT LEAGUES

Wellesley Little League	wellesleylittleleague.org
Men's SloPitch Softball	jrussell@ddjcap.com
Wellesley Youth Football	wellesleyyouthfootball.com
Swim Association	wellesleyswim.org
United Soccer Club	wellesleysoccer.org
Wellesley Tennis Association	781-237-0084
Wellesley Youth Basketball	wellesleybasketball.org
Wellesley Youth Hockey	wellesleyyouthhockey.org
Wellesley Youth Lacrosse	wellesleylacrosse.org



MATT CHIN for: Field use, SUMMERTIME concerts and any comments or concerns. mchin@wellesleyma.gov

BRANDON FITTS for: All youth and adult programs, summer camp, and Morses Pond - including summer jobs. bfitts@wellesleyma.gov

Winter 2016

Wellesley Recreation Scholarship Program

Recreation scholarships are for
Wellesley Residents ONLY.

RECREATION DEPARTMENT CAMPS:

Camp Scholarship requests must be made through the Wellesley Friendly Aid Association: 219 Washington Street; 781-235-3960. Friendly Aid procedures must be followed in order to be considered for Friendly Aid & Recreation scholarship money. You are urged to contact Friendly Aid in early December if you are interested in Camp Joey, Camp Quest, Camp Odyssey or Project Extreme. You must register for camp at the Recreation office. Please do this at the beginning of the registration period as we will not hold spots. There is no guarantee that your child will have a spot for the entire summer. They may be placed on a waiting list, or we may to remove them from session is scholarship funds are not available. Your deposit will be refunded. Camp registration dates are in this winter Recreation brochure. You will be required to pay the camp deposit fee of \$25 per session at the time of registration. The deposit fee is not covered by Friendly Aid or other scholarship funds. There is no guarantee that your child will receive funds for an entire summer of day camp.



Register online @
www.wellesleyma.gov/recreation

Program Registration

Residents:
Upon receipt of brochure

Non Residents:
December 15 - 7 am

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facebook.com/recwellesley
[@recwellesley](https://facebook.com/recwellesley)



ONLINE REGISTRATION

www.wellesleyma.gov

The Wellesley Recreation Department provides online program registration. Online registration spaces will be limited, which will allow those who do not have access to the system to register using other methods.

We HIGHLY recommend that you sign in to the online system a few days before registration to make sure that your account is working properly. You will need a username and password in order to utilize the online program registration system. Call the Recreation Office during regular office hours (M - F, 8:30 am - 4:30 pm) to receive your username and password.



Registration Dates & Start Times

ONLINE

Resident - Upon receipt of this brochure via email/mail

Non-Resident - December 15 @ 7am

TRADITIONAL

Resident - Upon receipt of this brochure via email/mail

Non-Resident - December 15 @ 8:30am - 4:00pm

REGISTRATION POLICY

Non residents may register for programs on the
"Non-Residents Registration Date"

Non-resident fee is \$10 per class.

All registrations must now be entered directly into our registration system.

Should you choose to walk in or phone in, your patience would be appreciated.

**Wellesley Recreation
 90 Washington Street
 Wellesley, MA 02481
 781-235-2370**

REFUND POLICY

FULL REFUND WILL BE GIVEN FOR A CANCELLED CLASS.

IF A PROGRAM MEETS MORE THAN 4 TIMES

Refund minus a \$20 administrative fee if you notify the Recreation Department prior to the second class. No refunds or credits anytime after the second class.

IF A PROGRAM MEETS 4 OR FEWER or MEETS FOR FIVE CONSECUTIVE DAYS

(i.e. CAMPS, VACATION PROGRAMS & SKIING)

Refund minus \$20 administrative fee if you notify the Recreation Department five business days before the start of the class. (Please note, camp refund minus a \$25 administrative fee for Camps Joey, Quest, Odyssey and Extreme.) No refunds/credits anytime after five business days before the start of the class.

COOKING CLASSES

No refunds for cooking classes if you withdraw 3 business days or less before the first class. Withdrawal from a cooking class 4 business days or more before the 1st class, there will be a \$20 administrative fee.

CLASS SPECIFIC REFUND POLICY

Please note that there maybe a specific refund policy for a particular class. The specific policy information will be noted in the class description or in a text box near the class description.

REGISTRATION INFORMATION

www.wellesleyma.gov

GENERAL INFORMATION

Register for members of your immediate family only.

PAYMENT

By check payable to Town of Wellesley, Cash, VISA or Master-Card

NOTE: There will be a \$25 additional fee for checks returned by the bank.

COURSE CANCELLATION

Classes that do not attain the minimum enrollment will be cancelled 48 hours prior to the scheduled start date. Full tuition will be refunded. We reserve the right to reschedule or change classes. You will be called if your class is cancelled, otherwise, plan on attending.

AGE POLICY

Children must be the proper age on the FIRST DAY of class.

COURSE CONFIRMATION

If you provide your email address you will receive an email confirmation/receipt. If a class has reached its maximum enrollment, you can place your name on the waiting list by using the online registration system. If a class does not meet the minimum participant requirements, it will be cancelled and you will be notified. Otherwise, please plan on attending the course.

MAKE UP CLASSES

All attempts will be made to reschedule classes that have been cancelled due to inclement weather or instructor absence. We are not responsible for making up classes that are missed due to the participants' inability to attend.

SWITCHING/CHANGING CLASSES

Switching sessions, dates, or classes constitutes a withdrawal from a class and the cancellation fee applies.

INCLEMENT WEATHER

All classes (day and evening) will be cancelled when Wellesley Public Schools are closed. If Wellesley Public Schools have a delayed opening, all Recreation Department programs WILL STILL START at their regularly scheduled time, unless you are informed otherwise. In the event that we need to cancel evening or weekend events it will be listed on our website and a message will be left on our voice mail (781-235-2370). We will also attempt to call and/or email participants who have registered for these classes.

FILLED CLASSES

You are urged to register as soon as possible. Classes are filled on a first come first served basis. We do not "hold" spots. If your class is filled, you will be placed on a waiting list. We will try to offer additional classes whenever possible.

PARTICIPANT PHOTOGRAPH POLICY

Periodically, the Recreation Department photographs/video tapes program participants for promotional use. Unless the participant/guardian informs us of their desire not to be photographed, the Recreation Department will use photographs/videotapes for their promotional purposes.

TOILET TRAINED

Children must be toilet trained in order to attend any class unaccompanied by an adult.

WE DO NOT PRORATE COURSES FULL PAYMENT IS DUE WITH REGISTRATION

Learn Online with Ed2Go

Our instructor-facilitated online courses are informative, fun, convenient, and highly interactive. Our instructors are famous for their ability to create warm and supportive communities of learners. It's no wonder that many long-lasting friendships have formed in our lively and intelligent discussion areas. All courses run for 6 weeks. You can complete any of these courses entirely from your home or office at any time of the day or night.

How to Get Started:

1. Call Wellesley Recreation to register and pay for your desired course(s)
2. Visit our Online Instruction Center: ed2go.com/wellrec
3. Click the Orientation link and follow the instructions to enroll. During orientation, you will learn important information about your course. You will also be provided an opportunity to choose the name and password you will use to access your course.
4. When your course starts, return to our Online Instruction Center and click the Classroom link. To begin your studies, simply log in with the name and password you selected during orientation.

Start Dates: A new section for every online course will begin on:

Dec 9	#143800-01	Feb 10	#143800-03
Jan 13	#143800-02	Mar 16	#143800-04

Requirements:

Students can take this program from either a Mac or PC. It's compatible with Windows XP and later operating systems, including Windows 10. There are no specific computer requirements other than an Internet connection and an email account. We recommend that you use the latest version of Internet Explorer to access this program.

Hundreds of courses to choose from!

Visit: ed2go.com/wellrec

Thank You!

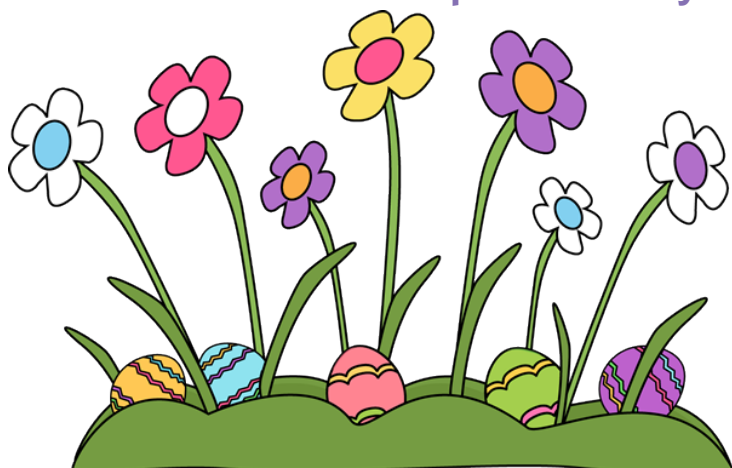


Needham BankSM

For Sponsoring the 2016 Outdoor Skating Season



12th Annual Spring Thaw ■ Saturday, March 26th
Sponsored by: The Local



Join us at Warren Park for an egg hunt! Bring your camera to take pictures of your children with our Spring Bunny! Please bring your own baskets or bags to collect the eggs.

Ages Walking to 3 years: 10 am Start
Ages 4 - 6 years: 10:20 am Start

Sweet Heart Dance

144085-01

Kids, take your “sweetheart” to the Warren Building for a night of dancing. You can bring that special adult in your life! There will be a DJ, light refreshments and photo opportunities.

Pre-Registration is REQUIRED.

DEADLINE TO REGISTER is January 31.

Location: Warren Building

1 night only



<u>Day</u>	<u>Times</u>	<u>Date</u>	<u>Price</u>
Sat	6:30- 8 pm	Feb 6	\$20 per pair



Wellesley Town Band

The town's (founded 9/13) wind band invites players at all levels to join it's relaxed Monday evening gatherings of brass, woodwind and percussion players. There are no auditions; all are welcome. We play a mix of concert band favorites, light classics, show tunes and marches.

Dust off that old horn and recapture the joy of youthful music making. We pretty much follow the school year with three eleven week sessions September through June. The band is conducted by Henry Platt.

Register online at www.wellesleyma.gov/recreation or call the Recreation Department. For players who just show up with horn in hand, registration forms will be available at start-up time.

- **Mondays from 7 - 8:30 pm**
- **Jan. 4 - Mar. 21** (No class 1/8 & 2/15)
- **Wellesley Middle School Band Rm.**
- **If you'd like more information, call 781-235-2370.**
- **To register online, use activity #145899-01.**
- **Cost is \$50/person.**



Summer Camp 2016

Activity #621600



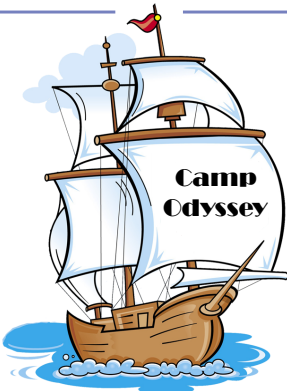
Wellesley Recreation
Ages 5-7
@ Warren Recreation Building

Activity #731700



Wellesley Recreation
Ages 8-10
@ Wellesley High School

Activity #741700



Camp Odyssey
Ages 11-13
@ Wellesley High School

Session 1	June 27 - July 1	\$300
Session 2*	July 5 - July 8 (Closed July 4th)	\$270
Session 3	July 11 - July 15	\$300
Session 4	July 18 - July 22	\$300
Session 5	July 25 - July 29	\$300
Session 6	August 1 - August 5	\$300
Session 7	August 8 - August 12	\$300
Session 8*	August 15 - August 19	\$300

*The second session is a reduced rate because there will be just four days of camp. Camp will be closed on Monday, July 4, 2016.

* Session 8 will be entirely located at the Warren Building and will have smaller total numbers for each camp due to the reduced space. There will be no field trip this week, but there will still be daily trips to Morses Pond and a special event/performer during the week at Warren.



COMING SOON!
ADVENTURE CAMP!
For teens ages 13-15
Field Trip Based Day Camp
This is a great alternative to our CIT program for teens who want to get out and enjoy the summer with old friends and new ones.
Detailed information will be posted on our website and will be listed in our Spring/Summer brochure.

CAMP HOURS:

Monday - Friday; 9 am - 4 pm

Drop off begins at 8:15 am & Pick up ends at 4:45 pm

DAILY CAMP INFORMATION

STAFF: All Sr. Counselors are 18 or older and all Jr. Counselors are 16 or older and both attend an orientation session that includes First Aid & CPR training. Each counselor is CORI/SORI checked each year.

RATIOS: A maximum of 60 campers for Camp Joey. Camp Quest has a maximum of 40 campers and Odyssey has a maximum of 40 campers. Camp staff ratios meet state regulations of 1 staff for every 5 campers under the age of 7 and 1 staff for every 10 campers over the age of 7.

FIELD TRIPS: Field trips are typically within an hour drive from camp. If you do not want your child to attend a field trip, you must arrange to keep your child out of camp that day. Field trips are a part of the camp experience. Field trips are not booked until April or May.

LUNCH: Each camper should bring two snacks, lunch and reuseable water bottle daily. Refrigeration is provided except for field trips.

MORSES POND: Campers will be bused to Morses Pond to swim and play three to four days a week, weather permitting.

CLOTHING: Campers will receive a camp T-shirt to wear on field trips. Campers should bring a swim suit, towel and sunscreen everyday.

2016 DAILY SCHEDULE*

8:15 am - 9 am: Drop Off
9 am - 12 pm: Morning Activities
12 pm - 2:30 pm: Morses Pond/Special Event
2:30 pm - 4 pm: Afternoon Activities
4 pm - 4:45 pm: Pick Up
4:45 pm - 6:15 pm: Extended Day Pick Up

*Schedule subject to change. Each camp will have a slightly different schedule based on busing to Morses Pond. Weekly schedules will be given out on the first day of each session.

EXTENDED DAY:

Extended afternoon are from 4:45 pm - 6:15 pm. The cost for extended day is \$10 per day or \$50 a week. At the time of registration you will be asked what days you need extended day and the fees will be adjusted accordingly.

PAYMENT

DEPOSIT

A \$50/per week deposit is due with registration.

FULL PAYMENT:

Full payment for all sessions is due by June 1, 2016 (*except installment billing*). All registrations after June 1, 2016 are paid in full at time of registration.

PAYMENT PLAN:

We have NEW payment plans to choose from. Please read carefully as there are now 3 ways to pay for Camp.

1. **Pay in full** at time of registration

2. **Installment Billing** (auto-debit payment plan): You must put down a \$50 deposit per week with registration. The remaining amount will be divided into 4 equal payments which will be auto-debited from your card on the 1st of each month until payment is complete. *April 15th is the final day to sign up for installment billing*.

3. **Scholarship:** Contact us to reserve your spot. You must then contact our scholarship agency, Wellesley Friendly Aid, to begin the application process.

REFUND POLICY

CANCELLATION:

There is a \$25 fee for a withdrawal from a single week. You must withdraw at least 5 business days before your camp session. Less than 5 days equals no refund.

SWITCHING SESSIONS:

Switching weeks constitutes a withdrawal and the Cancellation Policy applies.

DISMISSAL FROM PROGRAM:

Removal of a camper by the administrative staff due to behavioral issues will result in no refund.

...
Registration begins on
January 5th for residents
& January 19th for
non-residents
Don't Miss Out!
...



FORMS TO BE FILLED OUT

CAMPDOCS

CampDocs is a safe and efficient way to collect all the forms required for summer camp. All Health forms, permission slips, authorization to administer medications, and immunization records, must be filed electronically at **www.CampDocs.com**. Shortly after registration with the Recreation Department, you will receive an email from CampDocs asking you to log in and access your account. If you have any trouble uploading or scanning any documents you may bring them to the Recreation Office for assistance. Please contact us with any questions regarding CampDocs.

**More information can be found
on our website:
wellesleyma.gov/recreation**



PROJECT

EXTREME

LEADERSHIP

RESPONSIBILITY

FRIENDSHIP

Activity # 611600

Each session is a two week commitment. The program is designed to give the CIT's enough time for training, work & fun.

SESSION ONE

July 5 - July 15

\$315**SESSION TWO**

July 18 - July 29

\$350**SESSION THREE**

August 1 - August 12

\$350

Project Extreme is designed for teenagers aged 14 & 15. The CIT program is a work-oriented experience, which gives our participants the opportunity to learn and understand the demands and responsibility of a counselor's job.

In addition, CIT's will have a series of training workshops where they will have the opportunity to learn more about the different aspects of being a camp counselor, become First Aid and CPR certified and learn first hand how to work with children.

Although CIT participants will have priority into the Summer Camp Jr. Counselor program, enrollment in the CIT program does not guarantee a position as a Jr. Counselor or Counselor.

DETAILS

- Age: 14-15
- Days: Mon - Fri
- Hours: 9 am - 4 pm
- Maximum: 15 CIT's per session.
- CIT's will get 2 T-shirts. They must wear one everyday.
- After full completion of the session CIT's will receive a Red Cross Cert. for: Infant CPR, Child CPR and First Aid training.

For the leaders of tomorrow...

**Application Acceptance Begins
January 5, 2016**

APPLICATIONS**How to apply:**

Call the Recreation office or go online to register for Project Extreme. Upon registration, you will be emailed an application which must be returned ASAP. At the time of registration, a non-refundable fee of \$50 is required. Applications for the program will be accepted until February 12, 2016. Spots after this deadline will be limited, so please call for any availability.

LOCATION**Warren Building**

The CIT's will have their own space in the Warren Building close to Camp Joey. There they can have CIT meetings, training sessions and time to do activities as a CIT group. Occasionally the CIT's will go on their own field trips to promote team building and to just have fun.

PAYMENT**Final Payment**

Full payment is due upon acceptance to the program.

How Can I Pay?:

MasterCard, VISA, Check or Cash.

**REFUND POLICY**

Cancellation: If you cancel on or before May 27, 2016, you will receive a full refund minus a \$50 fee. If you cancel after May 27, 2016, there is no refund.

Switching Sessions:

There is a \$50 fee to switch sessions once you have been accepted.

Dismissal from Program:

If a participant is dismissed from the program, there is no refund.

Wellesley's Winter Wonderland

sponsored by

THE LOCAL
KITCHEN & DRINKS



Holiday House Decorating Contest

Help us build a strong sense of community and holiday spirit by nominating your house or your neighbors house. Winners will receive a trophy and neighborhood bragging rights. Our "Holly Jolly" judges will be knocking on doors, trophies in hand, the evening of December 22nd.

To Nominate a House:

1. Email a picture of the house to recreation@wellesleyma.gov
2. Don't forget to include the address of the decorated house
3. If the house has lights, please take a day and night picture.
4. Nominations must be received by the deadline :
Monday, December 21st

Deadline:

Monday, December 21st

Categories

- The Griswold Award - Funniest House
- Best Theme
- Judge's Choice
- Traditional New England Theme
- Most Creative

Toddler Movement & Song

111307

(Ages 1.5 - 2)

Instructor: Stephanie Gager

This is a great "first class" for young children and their caretakers offering a combination of music and movement in a relaxed setting that allows children to socialize and be part of a group. Children will sing, dance and play while integrating instruments, puppets, parachutes and more. The program provides a fun and easy way to introduce activities which nurture your child's motor, creative and social skills. In addition, it is a fun place to meet other families with young children and make new friends. Adult participation is necessary for the success of this program.

Location: Warren Building**Min: 4/Max: 10****10 weeks**

S#	Day	Times	Date	Price
01	Wed	9:15 - 10 am	Jan 13 - Mar 23 (No class 2/17)	\$135

Kids Movement, Art, and Song

111308

(Ages 2 - 3)

Instructor: Stephanie Gager

Come join us for a fun-filled hour of music, movement and art! Along with their adult companion, children will sing, dance and use a variety of rhythm instruments, motor props and art materials to express themselves while having fun socializing with new friends. The class will consist of song, rhymes and musical games before going into the mat room for some climbing, building, free-play and parachute fun. We will then share a snack with friends and finish off the hour creating a different artistic masterpiece to bring home each week. What could be more fun than parachutes, puppets, paint, feathers and glitter! Snack will be provided. There is an additional \$15 materials fee payable to the instructor at the first class.

Location: Warren Building**Min: 4/Max: 10****10 weeks**

S#	Day	Times	Date	Price
01	Wed	10:15 - 11:15 am	Jan 13 - Mar 23 (No class 2/17)	\$145

Puddlestompers

115700

(Ages 2 - 5)

Instructor: Puddlestompers Staff

Winter is a magical time to explore nature! This class is designed to allow children to explore and learn about the natural world from inside, with outdoor exploration as temperatures permit. Learn about how animals survive the winter and why evergreens keep their leaves. Look for animal tracks and other signs of winter activity. Search the skies for winter birds and listen for their songs. Observe changes in light through shadows and rainbows. In each class, we will focus on a specific theme using hands-on activities, crafts, games and creative movement. Each class will end with a snack and story. Come enjoy the beauty of winter with your child!

Location: Various Parks**Min: 4/Max: 9****6 weeks**

S#	Age	Day	Times	Date	Price
01	2 - 3	Fri	9:30 - 10:25 am	Jan 29 - Mar 11 (No class 2/19)	\$132
02	3 - 5	Fri	10:30 - 11:25 am	Jan 29 - Mar 11 (No class 2/19)	\$132

Specific Question? Call Puddlestompers
617-527-2000 or puddlestompers.com
Register with Wellesley Recreation

GARDENGATE ACADEMY

SPANISH TODDLER WORKSHOP

115788-02

(Ages 20 months - 3.9 yrs)

Instructor: Gardengate Academy Staff

Our Spanish Full immersion program is a fun morning specially designed for toddlers or young preschoolers - Our gently structured schedule includes playtime, music, art, tumbling and story time - En español! Children will enjoy easy-going social time while learning Spanish. This program is led by two native Spanish teachers.

Location: Warren Building**Min: 4/Max: 15****9 weeks**

Day	Times	Date	Price
Tue	9 - 11:30 am	Jan 12 - Mar 15 (No class 2/16)	\$315

GARDENGATE ACADEMY TODDLER WORKSHOP

115788-01

(Ages 20 months - 3.9 yrs)

Instructor: Gardengate Academy Staff

Our popular Toddler Workshop from Natick is coming now to your town! This workshop is the perfect transition between home and preschool. All little ones are welcome for a fun morning which includes music, art project, snack, play time and tumbling. We provide a warm setting where children can gradually separate from parents at their own step. Our workshop focuses on guiding children to master their social skills based on respect, love and team work. Over the course of the session children will develop friendship, self worth and love for music and art. We believe that love, friendship and fun activities are the perfect environment for your little ones to have a beautiful start in their education. Children do not have to be potty trained to join our program. Parents must provide snack for their children.

Location: Warren Building**Min: 4/Max: 15****9 weeks**

Day	Times	Date	Price
Mon	9 - 11:30 am	Jan 11 - Mar 21 (No class 1/18, 2/15)	\$315

Play & Learn with Professionals

143858

All Ages**Instructor: Wellesley Pediatric Speech & Occupational Therapy**

Please join us for a fun and engaging morning at Wellesley Pediatric Speech and Occupational Therapy. Each child will begin by having a chance to explore our children's play space area filled with sensory and educational toys, while enjoying light refreshments. Then children will get the chance to participate in developmentally appropriate activities with our skilled Occupational and Speech Therapists, as well as an experienced Early Childhood Educator from Small Bears Preschool. Parents will learn developmentally appropriate activities to promote fine motor, gross motor, and communication skills for their children and also have the chance to speak individually to therapists and educators to have any questions answered.

Location: Wellesley Ped. Speech & OT**Min: 3/Max: 5****1 week**

S#	Day	Times	Date	Price
02	Sat	10 am - 12 pm	Feb 6	\$50

American Girl Doll Valen-TINY Party

121406-01

(Ages 5 - 10)

Instructor: Diane Benson & Beth Meditz, Event-FULL!, LLC

Bring your special friend (it does not have to be an American Girl Doll - feel free to bring a favorite stuffed animal if you choose) and come and celebrate your friendships this winter with HEARTwarming activities! What you make and take home will lead to hours of continued play and enjoyment! Please send your child with a peanut free snack and drink.

Location: Warren Building

Min: 6/Max: 12

1 day

S#	Day	Times	Date	Price
01	Sat	9:30 am - 12:30 pm	Feb 13	\$55

Future Scientists

121440-01

(3 - 5 yrs)

Instructor: Diane Benson M.Ed.

Exploration, discovery and wonder await your imagination in this science class. Get ready to have a unique, fun and engaging Winter! Activities are all hands-on and most experiments you will be able to take home to show your family and friends! Experiments may include: Slime, Beach in a Bottle, Building & Erupting a Volcano, and MORE!!!

Location: Warren Building

Min: 6/Max: 8

9 weeks

S#	Day	Times	Date	Price
01	Mon	2 - 3 pm	Jan 11 - Mar 21	\$215
(No class 1/18, 2/15)				

Cool & Crazy Science

121444-01

(Grades 1 - 3)

Instructor: Diane Benson M.Ed.

Enjoy mixing things together? Do you find it fun to experiment with things you can find in your own home!? Activities are all hands-on and most experiments you will be able to take home to show your family and friends! Experiments include: Magnetic Slime and Jellyfish in a Jar!

Location: Warren Building

Min: 4/Max: 8

1 class

S#	Day	Times	Date	Price
01	Fri	3:30 - 5:30 pm	Mar 4	\$45

LEGO Room Decorations

121443-01

(Grades K - 3)

Instructor: Diane Benson M.Ed.

LEGO fanatic!?! Love everything LEGO?? How about spending the afternoon making some one-of-a-kind LEGO themed decorations for your room!! "Everything is AWESOME!"

Location: Warren Building

Min: 6/Max: 10

1 day

Day	Times	Date	Price
Mon	3:30 am - 5:30 pm	Mar 21	\$55

LEGO Master Builders of the Month Club

121423-01

(Ages 5 - 10)

Instructor: Diane Benson & Beth Meditz, Event-FULL!, LLC

This class will help foster individual creativity, imagination, teamwork, negotiation, and pure childhood enjoyment! Register for 1, 2 or all 3! Each workshop you will go home with a framed photo of you and your LEGO creation to show friends and family what you designed and built! Class is limited to 15 participants. Please send your child with a nut-free snack and drink.

Location: Warren Building

Min: 6/Max: 15

1 day

S#	Day	Times	Date	Price
01	Sat	9:30 am - 12:30 pm	Jan 23	\$50
02	Sat	9:30 am - 12:30 pm	Feb 27	\$50
03	Sat	9:30 am - 12:30 pm	Mar 12	\$50

Make it, Bake it, Take it

121441-01

(Grades 1 - 3)

Instructor: Diane Benson M.Ed.

Using cooperation, math skills and following simple directions, "little bakers" will create their own special tasty treats. Join this class and experience the delicious reward for exploring the creative possibilities of baking! In addition to being fun, fixing your own food can help develop self-esteem and can turn fussy eaters on to new foods. Eggs will be used in this class. Some possible baking activities include: pizza, cookies, muffins, pasta, and much, more! Please note on the registration form if your child has any food allergies.

Location: Warren Building

Min: 6/Max: 8

8 weeks

S#	Day	Times	Date	Price
01	Mon	3:30 - 4:45 pm	Jan 11 - Mar 14	\$245
(No class 1/18 & 2/15)				



Valentine Cupcake Decorating

121442-01

(Grades K - 3)

Instructor: Diane Benson M.Ed.

Spend the afternoon decorating some delicious edible Valentines for you, your friends and your family to enjoy! Using frosting, candies and other fun decorations you will learn how to decorate each cupcake in a fun and creative way - no two cupcakes will be the same! Please note on the registration form if your child has any food allergies. Eggs will be used in the recipe.

Location: Warren Building

Min: 6/Max: 10

1 day

S#	Day	Times	Date	Price
01	Fri	3:30 am - 5:30 pm	Feb 5	\$45

Budding Artist and a Buddy

121401

(Ages 1.5 - 3)

Instructor: Beth Meditz

Share the joy of creating art together! Unique art activities are specially designed to enhance your child's learning skills and self expression. Each artist will get to take home a wonderful experience, be totally engaged in age appropriate exploration of materials and an individual masterpiece from each class. You'll be amazed at what your toddlers can do! Hands on experiences last forever! We all learn best, by "doing". Wear mess around clothes or bring a smock.

Location: Warren Building

Min: 5/Max: 12

9 weeks

S#	Day	Times	Date	Price
01	Tue	9:30 - 10:15 am	Jan 12 - Mar 15 (No class 2/16)	\$135
02	Wed	9:30 - 10:15 am	Jan 13 - Mar 16 (No class 2/17)	\$135

Valentines Day Workshop

121488-01

(Ages 6.5 - 12)

Instructor: D'Ann Hansen

Sign up with your child for this fun workshop. Students will interpret a heart painting by the famous contemporary painter Jim Dine. These beautiful 16" x 22" works will be made with professional acrylic paints on archival paper. A second project will be painting and collaging in miniature using Artist Trading Cards. These tiny pieces of art will be in the official 2 1/2 x 3 1/2 size and are being traded around the world. All materials included.

Location: Warren Building

Min: 6/Max: 8

1 class

Day	Times	Date	Price
Sat	12:30 - 4 pm	Feb 6	\$65



Pottery and Wheel Throwing

121409

(Ages 5 - 18)

Instructor: Ramune Jauniskis

In this class kids will learn the basics of hand building and wheel throwing while having fun and sharpening their motor skills. All projects will be kiln fired. All materials included.

Location: Warren Building

Min: 5/Max: 8

8 weeks

S#	Age	Day	Times	Date	Price
01	5 - 7	Thu	4:05 - 5:20 pm	Jan 14 - Mar 10 (No class 2/18)	\$145
02	8 - 18	Thu	5:25 - 6:40 pm	Jan 14 - Mar 10 (No class 2/18)	\$145

Awesome Art

121432

(Grades K - 4)

Instructor: Beth Meditz

Come to an exciting and relaxed atmosphere to let your creativity flow! Artists will be presented with a base idea and choose from a wide array of inspiring and unusual materials to create their individual works of Art. Abstract and Realistic works are created while each participant is encouraged to experiment with materials and to express themselves. Find out more about Beth Meditz, M.Ed at www.event-full.net

Location: Warren Building

Min: 6/Max: 12

9 weeks

S#	Day	Times	Date	Price
01	Tue	4:30 - 5:30 pm	Jan 12 - Mar 15 (No class 2/16)	\$145
02	Wed	4:30 - 5:30 pm	Jan 13 - Mar 16 (No class 2/17)	\$145



Drawing & Painting Modern Masterpieces

121424

(Ages 6.5 - 12)

Instructor: D'Ann Hansen

In this class students will produce timeless work that will be cherished for years. These large 16" x 22" pieces of art painted on archival paper are sure to find a home on your walls! Young students use professional tools and non-toxic acrylic paints. Students gain an appreciation for different artists while learning various techniques through step-by-step visual demonstrations. The sunny Art Studio at the Warren Building provides a perfect creative oasis! All supplies included.

Location: Warren Building

Min: 6/Max: 8

5/3 weeks

S#	Day	Times	Date	Price
01	Tue	4 - 6 pm	Jan 19 - Feb 23 (No class 2/16)	\$195
02	Tue	4 - 6 pm	Mar 8 - 22	\$120
03	Thu	4 - 6 pm	Jan 21 - Feb 25 (No class 2/18)	\$195
04	Thu	4 - 6 pm	Mar 10 - 24	\$120

Parent & Child Pottery

121408

(Ages 4 - 5)

Instructor: Ramune Jauniskis

Spend time working with your child while enjoying working with clay. Use your imagination to invent fantastic clay sculptures with guided instruction. Projects will be suggested but students are encouraged to work on their own ideas if they wish. All projects will be kiln fired. All materials included. Parent/Guardian required.

Location: Warren Building

Min: 5/Max: 8

8 weeks

Day	Times	Date	Price
Thu	3 - 4 pm	Jan 14 - Mar 10 (No class 2/18)	\$145

Music with Babies

125801-01

(Ages 4 - 17 months)

Instructor: Sarah Gardner

Come on baby do the locomotion! Newborns often recognize parents voices at birth because they've already started learning through sound. Continue their journey with this delightful class where babies and caretakers get to play, bounce and sing along, with instruments and songs just for them! Parent/Guardian required.

Location: Warren Building

Min: 6/Max: 12

8 weeks

Day	Times	Date	Price
Fri	11:30 am - 12:10 pm	Jan 15 - Mar 18 (No class 1/22, 2/19)	\$90

Piano & Keyboard

125806

(Ages 8 - 15)

Instructor: Dave Medeiros

Have fun exploring the potential of electronic keyboards while focusing on the foundations of the most universally enjoyed musical instrument, the piano! Beginner lessons will cover fundamentals of music theory, hand movement, and independent coordination as it applies to note reading of easy melodies. Must bring a keyboard to class.

Location: Warren Building

Min: 5/Max: 10

8 weeks

S#	Day	Times	Date	Price
02	Mon	5 - 6 pm	Jan 25 - Mar 21 (No class 2/15)	\$130



Guitar

125807

(Ages 8 - 15)

Instructor: Dave Medeiros

You can stop playing "air guitar" and learn how to play the real thing! Beginner lessons introduce the challenge of musicianship while concentrating on basic music fundamentals in a relaxed atmosphere. Students will learn popular songs while focusing on note reading, chord accompaniment, and simple tuning techniques. Guitar rentals are available for an additional charge of \$50 per session payable to Dave at first class. Please contact the Recreation Department if you are interested in reserving a guitar for the class.

Location: Warren Building

Min: 5/Max: 10

8 weeks

S#	Day	Times	Date	Price
01	Mon	4 - 5 pm	Jan 25 - Mar 21 (No class 2/15)	\$130



facebook.com/recwellesley
@recwellesley



Tot Music

125802-01

(Ages 1.5 - 3)

Instructor: Sarah Gardner

Toddlers learn basic music skills through a variety of age appropriate songs and exploration of musical instruments, jumping, singing and parachute games. Parent/Guardian required.

Location: Warren Building

Min: 6/Max: 12

8 weeks

Day	Times	Date	Price
Fri	10:45 - 11:30 am	Jan 15 - Mar 18 (No class 1/22, 2/19)	\$105

Rockin' Tots

125803-01

(Ages 2.9 - 4.5)

Instructor: Sarah Gardner

Preschool aged kids get to explore rhythm, tonal patterns, and harmony in a variety of musical styles. Drumming like an animal, wild dancing, and singing along is encouraged. Geared to ages 3-5, but younger siblings in tow are welcome to sign up with older ones.

Location: Warren Building

Min: 6/Max: 16

8 weeks

Day	Times	Date	Price
Fri	9:30 - 10:15 am	Jan 15 - Mar 18 (No class 1/22, 2/19)	\$105



Intro to Dance Level 1

124003-01

(Ages 2 - 4)

Instructor: Cindy Wright

An introduction to the joy of dance, this is a pre-ballet class which also includes some creative movement. It is appropriate for those children age 3-4 who have never taken a class and / or those who took class at age 2-3. Children should wear any style/color dancewear and ballet slippers (or a comparable lightweight shoe).

Location: Warren Building

Min: 6/Max: 12

10 weeks

Day	Times	Date	Price
Tue	12:45 - 1:20 pm	Jan 12 - Mar 22 (No class 2/16)	\$125

Intro to Dance Level 2

124004-01

(Ages 3 - 5)

Instructor: Cindy Wright

This is a beginning ballet and tap class which also includes some creative movement. It is appropriate for those children age 3-4 who have taken Intro to Dance 1 and/or those age 3 1/2+ who have never taken a class. Children should wear any style/color dance wear, ballet slippers and tap shoes.

Location: Warren Building

Min: 6/Max: 12

10 weeks

Day	Times	Date	Price
Thu	12:45 - 1:30 pm	Jan 14 - Mar 24 (No class 2/18)	\$150

Lower Primary Drama: Improvisation & Acting Skills

122300

(Grades K - 2)

Instructor: Drama Kids of Metrowest

Welcome to Drama Kids Introductory Session. It is open to all levels of acting; from the beginner to the more experienced student. Goals for this session include: Improvisation basics, development of clear speech and purposeful movement, learning the steps to build scenes and learning Acting skills (blocking, stage directions, etc.). Drama Kids students are active participants in every class! Our mission is to help people reveal their abundant inner self-worth, and we focus on building these life skills through dramatic play like no one else!

Location: Warren Building**Min: 6/Max: 16****9 weeks**

S#	Age	Day	Times	Date	Price
01	4 - 7	Tue	5 - 6 pm	Jan 12 - Mar 15 (No class 2/16)	\$162



STEM is Fun for Tots

124922-01

(Ages: Preschool to PreK)

Instructor: STEM Beginnings Staff

It's never too early to spark our little children's interest in the fields of Science, Technology, Engineering, and Math. It is during the early years that children start to wonder, ask, think, explore and discover things around them. With each class, the children will learn STEM concepts through hands-on activities, engaging stories, music and movement, challenges, and even simple experiments ideal for little hands. Each day will be a fun, learning experience for your little ones! STEM is Fun!

.Location: Warren Building**Min: 8/Max: 12****6 weeks**

Day	Times	Date	Price
Wed	2:30 - 3:30 pm	Jan 13 - Feb 24 (No class 2/17)	\$100

STEM is Fun for Kids

124922-02

(Grades: K - 2)

Instructor: STEM Beginnings Staff

"STEM is FUN!" That's what we want to hear from our students. Through hands-on activities and STEM challenges, children will think, construct, experiment, discover, and develop the desire to learn more. The children will explore the use of different learning tools that enable and emphasize STEM learning. Every class, we will learn something new and experience a different kind of fun. Learning is best when kids are having fun! STEM is Fun! This is a 6-session program intended for Preschool to PreK children with ages 3-5 years old. Classes are conducted one hour per week for six weeks.

.Location: Warren Building**Min: 8/Max: 12****6 weeks**

Day	Times	Date	Price
Wed	4 - 5 pm	Jan 13 - Feb 24 (No class 2/17)	\$100

Upper Primary Drama: Improvisation & Acting Skills

122300

(Grades 3 - 6)

Instructor: Drama Kids of Metrowest

Welcome to Drama Kids Introductory Session. It is open to all levels of acting; from the beginner to the more experienced student. Goals for this session include: Improvisation basics, development of clear speech and purposeful movement, learning the steps to build scenes and learning Acting skills (blocking, stage directions, etc.). Drama Kids students are active participants in every class! Our mission is to help people reveal their abundant inner self-worth, and we focus on building these life skills through dramatic play like no one else!

Location: Warren Building**Min: 6/Max: 16****9 weeks**

S#	Age	Day	Times	Date	Price
02	7 - 11	Thu	5 - 6 pm	Jan 14 - Mar 17 (No class 2/18)	\$162

Wicked Cool Science: Frozen Science



124923-01

(Ages 7 - 12)

Instructor: Wicked Cool for Kids Staff

Wicked Cool For Kids has updated our Lego engineering program to include STEM based challenges and free building - two things kids love. Using Lego education curriculum, kids will build mechanisms that incorporate gears, flywheels, levers and cams to build a barking dog, a crawling bug, a launch-powered drag racer, and other amazing contraptions. We'll crank up the fun as kids use their creativity to build with Legos in problem solving challenges. Design a spinning eggbeater or create a car to carry Lego bricks uphill. Kids will love rising to the Lego challenge and receiving a new (take home) minifigure to test their designs.

Location: Warren Building**Min: 10/Max: 20****6 weeks**

Day	Times	Date	Price
Tue	3:30 - 4:30 pm	Jan 26 - Mar 8 (No class 2/16)	\$105

Chess

124800

(Ages 5 - 14)

Instructor: Jim Della Selva

Chess is a mindful game that is both fun and challenging. This class will give participants the opportunity to both play and learn strategy. Instruction will be given so that the advanced player as well as the beginner will benefit. Don't miss this exhilarating class.

Location: Warren Building**Min: 4/Max: 12****8 weeks****Beginner Level**

S#	Day	Times	Date	Price
01	Mon	4:30 - 5:30 pm	Jan 25 - Mar 21 (No class 2/15)	\$125

Intermediate Level

S#	Day	Times	Date	Price
02	Mon	5:30 - 6:30 pm	Jan 25 - Mar 21 (No class 2/15)	\$125



Celebrate Your Birthday at Warren!

**Selected Saturdays
2:30 pm - 4:30 pm**

Birthdays may be booked in person, by phone, or online! Some dates listed below may be booked already.
(Online search Activity #422401)

2 Hours \$135

When booking a party, the family is responsible for providing proper supervision at all times and for all clean up.

2015-2016 Available Dates

Dec 5 • Dec 12 • Jan 9 • Jan 23
Jan 30 • Feb 6 • Feb 27
Mar 5 • Mar 12 • Mar 19
Apr 2 • Apr 9 • Apr 30
May 7 • May 14 • May 21

Heartsaver First Aid & CPR

131503

(Ages 16+)

Instructor: Juanita Allen

This course teaches rescuers to effectively recognize and treat adult emergencies in the critical first minutes until emergency medical service personnel arrive. The course also provides training in First Aid and in CPR. Upon completion you will receive certification in both First Aid and CPR. Taught under the guidelines of the American Heart Association.

Location: Warren Building

Min: 6/Max: 12

1 class

S#	Day	Times	Date	Price
01	Thu	6 - 9 pm	Feb 4	\$85

Home Alone

131501

(Ages 8 - 11)

Instructor: Juanita Allen

Children will learn telephone and door answering techniques, internet safety, accident and fire protection and first aid techniques. The class includes a variety of teaching methods, including a video and role playing. Please bring a snack.

Location: Warren Building

Min: 6/Max: 12

1 class

S#	Day	Times	Date	Price
01	Thu	3:30 - 5:30 pm	Feb 4	\$50

Babysitter's Training

Adult and Pediatric CPR/AED First Aid

131504

(Ages 11 - 15)

Instructor: Alice & Grace Wadley

Designed for students ages 11 to 15, participants will learn the knowledge and skills necessary to provide care for children and infants. In addition, students will learn the critical skills needed to respond to and manage an adult or pediatric first aid, choking or sudden cardiac arrest emergency. The course combines video, activities, hands-on skills training and discussion for a complete learning experience.

Materials include

- Pocket First Aid Kit
- CPR Breathing Barrier Keychain
- Babysitter's Drawstring Bag
- Folder with course reference materials and Emergency Reference Cards/Certifications Issued.

Students who successfully complete this course will receive:

- Heartsaver Adult and Pediatric CPR/AED & First Aid certification valid for two years
- Babysitter's Training certification with no expiration

Students should bring a lunch/snack with them.

Location: Warren Building

Min: 4/Max: 24

1 day class

S#	Day	Times	Date	Price
01	Sat	10 am - 4:30 pm	Jan 23	\$110
02	Sat	10 am - 4:30 pm	Feb 27	\$110
03	Sat	10 am - 4:30 pm	Mar 19	\$110

WINTER SKATING IN NATICK!

Tot Learn to Skate (Ages 3-6)

Instructors use songs, games, toys and other fun methods to cater to the learning styles and development of young skaters. 3 to 4 year olds are separated from 5 to 6 year olds initially, but are grouped together in Tot levels 1 - 3. 6 year olds have the option to begin in Youth 1. Classes include 25-30 minutes of group instruction and 10-15 minutes of supervised play time.

PREREQUISITE: Skaters must be at least 3 years of age and potty trained. A helmet, such as a bike helmet or HECC helmet is required.

- Pre Tot (Beginners ages 3-4)
- Tot 1 (Beginners, ages 5-6; and 3-4 year olds who have passed Pre Tot)

Pre-Tot Learn to Skate

123288

(Ages 3 - 4)

Instructor: FMC Ice Sports Staff

Location: Wm. Chase Arena, Natick

Min: 3/Max: 20

7 weeks

S#	Day	Times	Date	Price
01	Tue	4:40 - 5:05 pm	Jan 5 - Feb 16	\$109
02	Thu	1 - 1:25 pm	Jan 7 - Feb 18	\$109
03	Tue	4:40 - 5:05 pm	Mar 1 - Apr 12	\$109
04	Thu	1 - 1:25 pm	Mar 3 - Apr 14	\$109

Tot Learn to Skate

123289

(Ages 3 - 6)

Instructor: FMC Ice Sports Staff

Location: Wm. Chase Arena, Natick

Min: 3/Max: 20

6/8 weeks

S#	Day	Times	Date	Price
01	Tue	4:40 - 5:05 pm	Jan 5 - Feb 16	\$109
02	Thu	1 - 1:25 pm	Jan 7 - Feb 18	\$109
03	Tue	4:40 - 5:05 pm	Mar 1 - Apr 12	\$109
04	Thu	1 - 1:25 pm	Mar 3 - Apr 14	\$109

Directions to the Natick Skating Rink

(35 Winsor Ave, Natick MA 01760)

- Rt 9 West to For General Questions Call:
- Rt 27 South 1-888-74-SKATE or 508-655-1013
- Right onto West Street For Registration or Refund
- Left onto Windsor Ave Questions Call : 781-235-2370

Visit FMC Web site at www.fmcicesports.com

Youth Learn to Skate (Ages 6-12)

Youth Learn to Skate levels are designed to teach basic motion, balance and coordination that prepare skaters for hockey, figure skating or the occasional rink visit. Classes consist of at least 30 minutes or more of group instruction and 5-10 minutes of supervised practice.

PREREQUISITE: Skaters must be at least 6 years of age and a helmet, such as a bike helmet or HECC helmet is required.

- Youth 1 (Beginners or those with minimal skating experience, ages 6-12)
- Youth 2 (Skaters ages 6-12 who have passed Youth 1)



BE PREPARED FOR CLASS

Deadline to register for January session - December 21

Deadline to register for February/March session -February 15

- Arrive 15-20 minutes prior to the class start time
- Helmet, such as a bike helmet or HECC helmet is required
- Wear warm, comfortable layers that allow for movement, long sleeves & pants, gloves or mittens
- Rental skates are available on a first come, first serve basis and are included in the class fee
- You are welcome to bring your own skates although double blade skates are not permitted

Youth Learn to Skate

123290

(Ages 6 - 12)

Instructor: FMC Ice Sports Staff

Location: Wm. Chase Arena, Natick

Min: 3/Max: 20

7 weeks

S#	Day	Times	Date	Price
01	Mon	5:40 - 6:30 pm	Jan 4 - Feb 15	\$129
02	Tues	4:40 - 5:30 pm	Jan 5 - Feb 16	\$129
03	Mon	5:40 - 6:30 pm	Feb 29 - Apr 11	\$129
04	Tues	4:40 - 5:30 pm	Mar 1 - Apr 12	\$129

Teen & Adult Learn to Skate

123291

(Ages 13+)

Instructor: FMC Ice Sports Staff

Location: Wm. Chase Arena, Natick

Min: 3/Max: 20

7 weeks

S#	Day	Times	Date	Price
01	Mon	5:40 - 6:30 pm	Jan 4 - Feb 15	\$129
02	Mon	5:40 - 6:30 pm	Feb 29 - Apr 11	\$129

Knucklebones Playspace

123103-01

(Ages 8 months - 4)

Instructor: Knucklebones Staff

Knucklebones' Playspace engages both child and guardian in exploring a vast array of creative movement and gross motor activities. Each week your Knucklebones' coach will bring a plethora of activities creating a circuit of open play that will include soft climbers, hoppers, ball pit, climbing structure, push/pull toys, tents, tunnels, balancing equipment, scooters, balls (various textures and sizes), gymnastics shapes and much more. Your coach will also lead a group activity to encourage participants to work together and provide social interaction. This is the perfect class for children to use up their energy and have fun during the cold winter!

Location: Warren Building

Min: 6/Max: 12

10 weeks

Day	Times	Date	Price
Thu	9:30 - 11 am	Jan 14 - Mar 24 (No class 2/18)	\$180



Micro Basketball

123107-01

(Ages 2 - 3)

Instructor: Knucklebones Staff

This clinic focuses on the basic fundamentals beginning with dribbling, shooting, passing and catching as well as defense. Using age appropriate equipment the class will enable your child to learn at their own pace while having a blast! Each class will be structured with stretching, learning a skill, rule of the day, skill game and finally a fun filled game for all to enjoy. Sneakers are required.

Location: Warren Building

Min: 8/Max: 12

8 weeks

S#	Day	Times	Date	Price
01	Mon	10 - 11 am	Jan 25 - Mar 21 (No class 2/15)	\$110

Knucklebones Athletic Games

123100

(Ages 2 - 6)

Instructor: Knucklebones Staff

Knucklebones has designed a program to enhance gross motor skills, athletic fundamentals, physical exercise, creative movement, and fun! Each class your child will play a myriad of different, skill enhancing athletic activities and games. From learning to kick using RhinoSkin balls to practicing throwing playing Messy Backyard and much more, we make sure your child is active and having fun while developing a passion for play that will stay with them! The entire program is supported using a plethora of unique and age appropriate equipment. Sneakers are required.

Location: Tenacre Country Day School

Min: 6/Max: 12

7 weeks

S#	Ages	Day	Times	Date	Price
01	2 - 3	Sun	9 - 9:50 am	Jan 24 - Mar 20 (No class 2/14 & 21)	\$95
02	4 - 6	Sun	9 - 9:50 am	Jan 24 - Mar 20 (No class 2/14 & 21)	\$95

Munchkin Multi-Sports

122102

(Ages 2 - 5)

Instructor: John Smith Sports Staff

Led by the skilled and experienced coaches from John Smith Sports, your child will get an introduction to a wide variety of sports, including soccer, T-Ball, turf hockey, lacrosse, football, hoola hoops, parachute games and much more! This class also will focus on listening skills and cooperation. But the main focus is to have FUN!

Location: Warren Building

Min: 7/Max: 12

8 weeks

S#	Age	Day	Times	Date	Price
01	2 - 3	Tue	10 - 10:45 am	Jan 12 - Mar 8 (No class 2/16)	\$135
02	4 - 5	Thu	10 - 10:45 am	Jan 14 - Mar 10 (No class 2/18)	\$135



John Smith Soccer Academy

122103

(Ages 6 - 9)

Instructor: John Smith Sports Staff

This program focuses on footskills and 4v4 tactical awareness. We nurture each player through positive reinforcement, fun programs, and superior professional coaching. Classes are 60 mins. in length.

Location: PrimeTime Sports Center, 5 Michigan Dr, Natick

Min: 12/Max: 18

5/6 weeks

S#	Day	Times	Date	Price
01	Sat	4:30 - 5:30 pm	Jan 9 - Feb 6	\$125
02	Sat	5:30 - 6:30 pm	Jan 9 - Feb 6	\$125
03	Sat	4:30 - 5:30 pm	Feb 27 - Apr 2	\$150
04	Sat	5:30 - 6:30 pm	Feb 27 - Apr 2	\$150

Soccer Goalkeeping Clinic

122955

(Ages 12+)

Instructor: John Smith Sports Staff

A fun and exciting opportunity to learn and develop the skills required for excellent soccer goalkeeping. From basic ball-handling and shot-stopping to angles and positioning, footwork, safe diving techniques, punching and tipping over the bar, high balls, distribution and communication, we'll cover it all. Taught by Wellesley resident Barry Friedman, an NSCAA Nationally certified goalkeeper coach who has coached goalkeepers at all levels in the Wellesley United soccer program, has been the goalkeeper/asst. coach at Dana Hall for 8 years, played at Brown University and still enjoys playing for the Wellesley Black Rhinos. Develop your Goalkeeping skills in this technically sound, non-competitive and fun program. Individual attention and increased confidence in your goalkeeping abilities are guaranteed.

Location: Warren Building

Min: 2/Max: 8

6 weeks

Dates: You may register for any date and up to 6 classes

Jan 21 Jan 28 Feb 4 Feb 11 Feb 25 Mar 3

For each date above: Thursdays: 6:30 - 7:30 pm

Pricing:

1 class = \$90/class

2 - 3 classes = \$85/class

4 - 6 classes = \$75/class



Badminton: Juniors

120207

(Ages 5 - 12)

Instructor: Sasha Boyarin

The Maugus Junior Badminton Team has been running in Wellesley for more than fifteen years and we are excited for your kids to join our training. Come learn badminton skills for all levels, improve coordination, play fun games, and be in a great environment with other kids. Run by two USA Badminton high performance certified coaches, the Maugus Junior Program coaches kids from the most beginner level to the highest level of national and international competition. We are experienced in providing strong skills training along with a fun and enjoyable experience for all ages. Our mission is to teach kids not just how to play badminton but how be team players and grow as individuals

Location: Maugus Club 40 Abbott Rd.

Min: 8/Max: 15

8 weeks

S#	Day	Times	Date	Price
01	Mon	4 - 6 pm	Jan 4 - Feb 22	\$125
02	Wed	4 - 6 pm	Jan 6 - Feb 24	\$125
03	Fri	4 - 6 pm	Jan 8 - Feb 26	\$125
04	Sat	9 - 11 am	Jan 9 - Feb 27	\$125



Archery

135300

(Ages 8 - 15)

Instructor: On The Mark Archery, LLC

Your archer will learn the fundamentals of archery, including safety, proper form, range procedures, shooting technique and scoring. On The Mark Archery is committed to bringing target archery to youths by providing a safe and fun environment to learn this Olympic sport. All necessary equipment from protective devices to targets, bows and arrows are provided. Sign up early as the "Hunger Games" movies have made the sport of archery very popular.

Location: Warren Building

Min: 10/Max: 20

5 weeks

Day	Times	Date	Price
Wed	6:45 - 7:45 pm	Jan 13 - Feb 10	\$135



Thundercat Basketball

120902

(Ages 4 - 9)

Instructor: Thundercat Sports Staff

Skills, drills, and fun! Instruction includes basic skills like shooting, passing, dribbling, positions, defense and rules of the game. There will be a game each week so skills can be put into action. Sneakers, water bottle and appropriate dress are required. Get ready for some basketball fun with the experienced coaches from the Thundercats!

Location: Warren Building

Min: 8/Max: 24

6 weeks

S#	Age	Day	Times	Date	Price
01	4 - 6	Sat	8:15 - 9 am	Jan 23 - Mar 12 (No class 2/13, 2/20)	\$95
02	7 - 9	Sat	9:05 - 10 am	Jan 23 - Mar 12 (No class 2/13, 2/20)	\$95

TERRIERS

Terriers Dodgeball League

120601

(Grades 2 - 5)

Instructor: Joe Roberts & Terriers Staff

Kids love the fast paced action, throwing, catching and of course dodging balls in this great game. They also get a great overall workout and develop throwing, catching and agility skills, while enjoying a great time playing one of their favorite games. Teams will be organized by grade into teams and provided with team shirts. Teams play games and cheer on other team's games to create a fun and energetic environment. Mixed with Terriers tunes, they enjoy high-octane fun. At the conclusion of the program teams also enjoy a tournament to sign the coveted Terriers Dodgeball Bucket. Cushioned foam balls are used for safety.

Location: Warren Building

Min: 20/Max: 40

5 weeks

S#	Day	Times	Date	Price
01	Fri	4 - 5:15 pm	Jan 8 - Feb 5	\$110
02	Fri	4 - 5:15 pm	Feb 26 - Apr 1 (No class 3/25)	\$110



Thundercat Mini Sports

120903

(Ages 4 - 5)

Instructor: Thundercat Sports Staff

Thundercat Sports mini version of our popular Sports Jam! Soccer will be a core sport played everyday in which basic skills will be emphasized. Other sports include t-ball, basketball, softie hockey, balloon ball, and kick ball. Other games and activities include finding the Nemo, Sponge Bob tag, thunder relays, Kiddie Cat Olympics, and more. Theme days, including Red Sox Day and Friday Fun Day, add to the excitement creating a non-competitive positive sports experience your child will enjoy. Emphasis will be on basic skills, developing hand eye coordination, teamwork, and FUN!

Location: Warren Building

Min: 7/Max: 14

6 weeks

S#	Day	Times	Date	Price
01	Mon	3:30 - 4:15 pm	Jan 11 - Feb 29 (No class 1/18, 2/15)	\$95



Thundercat Sports Jam

120904

(Ages 6 - 8)

Instructor: Thundercat Sports Staff

Play, play, and play some more...the ultimate multi-sport program! Basketball, T ball and soccer will be core sports in which some skills will be emphasized, but that's not all. Other sports mixed in may include Volleyball, dodge ball, disc golf, ultimate frisbee, whiffle ball, and kick ball. Unique games such as shark attack and safari will also be played. Program is co-ed and participants should bring water and wear comfortable clothes to run around in.

Location: Warren Building

Min: 7/Max: 14

6 weeks

S#	Day	Times	Date	Price
01	Mon	4:20 - 5:20 pm	Jan 11 - Feb 29 (No class 1/18, 2/15)	\$95

Karate

121800

(Ages 3 - 16)

Instructor: Steve Nugent & Staff

Voted one of the best Martial Arts programs in America! These classes teach self-defense, proper breathing, stretching, kicking and punching, as well as the importance of academic achievement, discipline, respect, honesty and integrity. The material is presented in a disciplined, structured yet fun format for kids! Uniform and belt are included at no additional cost!!

Location: Warren Building

Min: 10/Max: 30

12 weeks

S#	Age	Day	Times	Date	Price
01	3 - 5	Wed	3:45 - 4:30 pm	Jan 6 - Mar 30 (No class 2/17)	\$240
02	6 - 8	Wed	4:30 - 5:15 pm	Jan 6 - Mar 30 (No class 2/17)	\$240
03	9 - 12	Wed	5:15 - 6 pm	Jan 6 - Mar 30 (No class 2/17)	\$240
04	13 - 16	Wed	6 - 6:45 pm	Jan 6 - Mar 30 (No class 2/17)	\$240



CrossFit One Nation -Kids

120299

(Ages 5 - 18)

Instructor: CrossFit One Nation Staff

Try a FREE Kids CrossFit class!!! Come down to CrossFit ONE Nation a newly renovated 10,000 square foot warehouse to create an awesome CrossFit experience with state-of-the-art equipment, indoor turf, lounge, kids area, baby sitting, locker rooms, showers, filtered water bottle filling station with a coaching team that is unparalleled. Once you love this free class, get the Wellesley Recreation ONE Nation discount for children ages 5 - 18 at \$100/month unlimited visits or \$125/10 class punch card.

Location: CrossFit ONE Nation

Min: 5/Max: 100

1 class

S#	Age	Day	Times	Date	Price
01	5 - 9	Wed	3:30 - 4:30 pm	Jan 6	\$0
02	13+	Thu	3:30 - 4:30 pm	Jan 7	\$0
03	9 - 12	Fri	4:30 - 5:30 pm	Jan 8	\$0
04	5 - 9	Wed	3:30 - 4:30 pm	Feb 3	\$0
05	13+	Thu	3:30 - 4:30 pm	Feb 4	\$0
06	9 - 12	Fri	4:30 - 5:30 pm	Feb 5	\$0
07	5 - 9	Wed	3:30 - 4:30 pm	Mar 2	\$0
08	13+	Thu	3:30 - 4:30 pm	Mar 3	\$0
09	9 - 12	Fri	4:30 - 5:30 pm	Mar 4	\$0
10	5 - 9	Wed	3:30 - 4:30 pm	Mar 30	\$0
11	13+	Thu	3:30 - 4:30 pm	Mar 31	\$0
12	9 - 12	Fri	4:30 - 5:30 pm	Apr 1	\$0



Dynamic Speed & Endurance

Running

120204-01

(Ages 6 - 12)

Instructor: Kathy Fleming

This class will help your child reach new levels in his/ her athletic abilities. Your child will not only be faster and stronger, but he/she will be empowered and confident with his new awareness of pacing, sprinting and stamina. Kathy Fleming, the former Boston College track and field coach, Olympic Trials finalist in the 1500m and a member of the world record Distance Medley Relay team who held the record for 27 years, will share her knowledge about the key ways to build speed and endurance in young athletes. The class will also introduce some of the other track and field events like the shot put, javelin and the long jump. The class also teaches proper hydration, stretching and drills. We end each session with a fun relay event. Keep your child moving in the winter with this indoor class that introduces track and field to the young athlete.

Location: Warren Building

Min: 4/Max: 16

5 weeks

Day	Times	Date	Price
Mon	4:30 - 5:30 pm	Jan 25 - Feb 29 (No class 2/15)	\$160

Self Defense: Combat SAMBO

Kids classes

121806

(Ages 4 - 11)

Children over 6 years of age, accompanied by Adult, may come to Family/Adult Class. See Adult Program.

Instructor: Grandmaster Michael Galperin & Staff

"SAMBO" - Russian acronym for "Self Defense without Weapons". This SYSTEM incorporates the most effective survival techniques from Judo, Jiu-jitsu, Karate, Aikido, Kung Fu, Krav Maga and others. Boys and girls will be presented with practical self defense applications for a variety of situations. This unique style of Martial Arts will boost their confidence, discipline, health and fitness along with self-esteem. In a safe and friendly atmosphere participants will enhance their ability to cooperate, focus and follow directions. Under the supervision of experienced certified instructors, children will be taught skills to protect themselves against bullying, kidnapping, molestation, random attackers and enable them to be safe in dangerous real world situation. **Note:** Participants may join classes at any time; your full term payment will extend into the next term. For more information regarding the program details please visit combatsambo.com or call 617-413-0660

Location: Warren Building

Min: 8/Max: 20

11/12/10 weeks

S#	Day	Times	Date	Price
01	Mon	6:30 - 7:30 pm	Jan 4 - Mar 28 (No class 1/18, 2/15)	\$208
02	Wed	6:30 - 7:30 pm	Jan 6 - Mar 30 (No class 2/17)	\$160
03	Mon & W	6:30 - 7:30 pm	Jan 4 - Mar 30 (No class 1/18, 2/15, 2/17)	\$299



Super Soccer Stars

122904

(Ages 2 - 4)

Instructor: Super Soccer Stars Staff

At Super Soccer Stars, it is our goal to teach soccer skills in a fun, non-competitive, educational environment. Our philosophy is to use soccer to nurture, to build self-confidence, and to develop teamwork in every class. Our specially designed curricula use positive reinforcement and a low child-to-coach ratio to ensure that each child improves at his or her own rate while having endless fun. For ages 2 and up!

Location: Warren Building

Min: 10/Max: 20

5 weeks

S#	Age	Day	Times	Date	Price
01	2-3	Tue	10:45 - 11:25 pm	Jan 12 - Feb 9	\$150
02	3-4	Tue	11:35 - 12:20 pm	Jan 12 - Feb 9	\$150
03	2-3	Tue	10:45 - 11:25 pm	Feb 23 - Mar 22	\$150
04	3-4	Tue	11:35 - 12:20 pm	Feb 23 - Mar 22	\$150

Location: Tenacre Country Day

Min: 10/Max: 20

4 weeks

S#	Age	Day	Times	Date	Price
05	2 - 3	Sun	10 - 10:40 am (No class 1/17)	Jan 10 - Feb 7	\$125
06	3 - 4	Sun	10:50 - 11:35 am (No class 1/17)	Jan 10 - Feb 7	\$125
07	3 - 4	Sun	11:45 - 12:35 pm (No class 1/17)	Jan 10 - Feb 7	\$125

4 weeks

S#	Age	Day	Times	Date	Price
08	2 - 3	Sun	10 - 10:40 am	Feb 28 - Mar 20	\$125
09	3 - 4	Sun	10:50 - 11:35 am	Feb 28 - Mar 20	\$125
10	3 - 4	Sun	11:45 - 12:35 pm	Feb 28 - Mar 20	\$125

Super Soccer Stars Futsal

122904

(Ages 6 - 8)

Instructor: Super Soccer Stars Staff

A modified form of soccer played with five players per side on a smaller, typically indoor play area. Futsal uses a smaller weighted futsal ball. Futsal is a fast paced game which allows the players to get more touches on the ball which accelerates player development!

Location: Warren Building

Min: 10/Max: 20

5 weeks

S#	Day	Times	Date	Price
11	Sat	1:30 - 2:30-pm	Jan 9 - Feb 6	\$125

4 weeks

S#	Day	Times	Date	Price
12	Sat	1:30 - 2:30-pm	Feb 27 - Mar 19	\$125



James Bede Soccer League

122905

Instructor: James Bede & Staff

In this soccer class/league you will be taught the fundamentals of soccer in a fun non-threatening environment. Tuesday/Wednesday is practice and Saturday is game day. During practice on Tuesday/Wednesday the players will begin to learn the soccer fundamentals: passing, dribbling, shooting. On Saturday game days they will play an instructional game and implement the skills that they learned at practice on Tuesday/Wednesday. (Price includes a game day jersey). Program will be held indoors.

Location: Warren Building & Field

Min: 10/Max: 30

16 classes

(Ages 5 - 6)

S#	Day	Times	Date	Price
01	Wed	5:20 - 6:20 pm	Jan 13 - March 16 (No class 2/17)	\$255
	Sat	12:15 - 1:15 pm	Jan 23 - March 19 (No class 2/13 & 20)	

16 classes

(Ages 7 - 8)

S#	Day	Times	Date	Price
02	Tue	5 - 6 pm	Jan 12 - March 15 (No class 2/16)	\$255
	Sat	11:10 am - 12:10 pm	Jan 23 - March 19 (No class 2/13 & 20)	

Advanced Footskills

122901-01

(Ages 7 - 10)

Instructor: James Bede & Staff

Join James Bede to learn and advance your foot skills. This session will focus on individual skills; dribbling, moves, shielding and passing. You will bring your game to the next level by participating in this session.

Location: Warren Building

Min: 10/Max: 16

8 weeks

Day	Times	Date	Price
Tue	6 - 7 pm	Jan 12 - Mar 8 (No class 2/16)	\$255
Sat	10:15 - 11:10 am	Jan 23 - March 19 (No class 2/13 & 20)	



Soccer Fundamentals

122900

(Ages 4 - 6)

Instructor: James Bede & Staff

Get your young player ready to play soccer by learning proper ball skills. All teaching is done through a lot of fun games in a non-threatening environment. We want your child to wear proper soccer equipment; shin guards & sneakers, plus they need to bring a water bottle as well. Program is held in the gym.

Location: Warren Building

Min: 10/Max: 20

8 weeks

S#	Age	Day	Times	Date	Price
01	4	Wed	2 - 2:45 pm	Jan 13 - Mar 9 (No class 2/17)	\$165
02	5	Wed	2:50 - 3:35 pm	Jan 13 - Mar 9 (No class 2/17)	\$165
03	4	Wed	3:45 - 4:25 pm	Jan 13 - Mar 9 (No class 2/17)	\$165
04	5 - 6	Wed	4:30 - 5:15 pm	Jan 13 - Mar 9 (No class 2/17)	\$165

Nashoba Wednesday Ski Program

123300

(Ages 8 - 11)

Instructor: Nashoba Valley Ski Resort

Now is the best time to learn to ski or snowboard. If you already ski or snowboard, you can polish your skills. This program includes transportation to Nashoba Valley, lessons and lift tickets. Please indicate if your child is a first time skier and if they will snowboard or ski. All participants must be enrolled in grades 3 - 5. If you need rental equipment you MUST attend the prefit, Dec 10th @ 7pm. If you miss the prefit you will have to drive to Nashoba Valley and have your child measured because they CAN NOT be fitted on the first day of the program.

Location: Nashoba Valley

Min: 20/Max: 40

4 weeks

S#	Day	Times	Date	Price
04	Wed	12:45 - 5:30 pm	Jan 6 - 27	\$280

A NOTE TO PARENTS FOR NASHOBA SKI

The Recreation Department has been offering ski lessons at Nashoba Valley for a number of years. There are a few things that you can do to help us. We do ask that your child wear the ski band provided by us, so that we can identify those in our group. WE ARE NOT RESPONSIBLE FOR ARTICLES LEFT BEHIND. YOUR CHILD MUST MAKE SURE THEY HAVE EVERYTHING BEFORE WE LEAVE NASHOBA. Children are not allowed to wear ski boots on the bus. Every child who goes to Nashoba on the bus will return to the Warren Building parking lot on the bus. If you must pick your child up at Nashoba, then you will also be responsible for getting them to Nashoba that day. Last, but not least, we ask that you BE ON TIME TO PICK UP YOUR CHILD. The bus is usually back at the Warren Building parking lot by 5:15 pm at the latest for the Wednesday program, and for the Friday night program by 9:30 pm.

Registration for Nashoba skiing began in the Fall, please call the Recreation office for availability.

Rentals are an additional \$90 to be paid at prefit.

Nashoba Friday Ski Program

123301

(Ages 11 - 14)

Instructor: Nashoba Valley Ski Resort

Just imagine blazing down the slopes of Nashoba Valley under the lights instead of staying home on Friday night. Join your friends and enjoy four weeks of skiing or snowboarding. Participants should bring a bag lunch/supper or they may purchase something at Nashoba. No lessons on Friday nights. Children must be enrolled in grades 6-8. If you need rental equipment you MUST attend the prefit, Dec 10th @ 7pm. If you miss the prefit you will have to drive to Nashoba Valley and have your child measured because they CAN NOT be fitted on the first day of the program.

Location: Nashoba Valley

Min: 20/Max: 40

4 weeks

S#	Day	Times	Date	Price
01	Fri	3:45 - 9:30 pm	Jan 8 - 29	\$280

Beginner Cross Country Skiing

123302

(Ages 6 - 10)

Instructor: Weston Ski Track

A series of five one-hour classes introduces children to beginner and intermediate skiing skills. Instruction combined with game playing, having fun, and five weeks of unlimited practice time allows kids to develop their ski skills and an appreciation of the sport. **The cost for rentals is an additional \$35 (+tax) that the parents will pay on the day of the first class. The reason we do it this way is because several folks have their own equipment! There is an additional Trail pass which costs \$29 for the 5 classes which must be purchased on the first date of the class in Weston. Children under the age of 6 CAN NOT participate in Ski lessons.** What To Wear and Bring Cross-country ski clothes should offer protection from the cold, wind, and snow (even if it's not snowing, you are likely to fall a time or two). The challenge in cross-country skiing is to stay warm without over-dressing. • Base & Insulating Layers: Wear several thin layers of wool or synthetic clothing (fleece, running tops and/or tights, polypro outdoor apparel, etc.) that can be easily added or removed. • Top Layer: Wind- and water-resistant jackets and pants are highly recommended. • Hat and Gloves are required. • On Your Feet: Wool/Smartwool socks are best. • Avoid cotton clothing (jeans, most T-shirts) as it will not keep you dry or warm. • Don't overdress — sweating doesn't help you stay warm.

WEATHER CANCELLATIONS: Because we make our own snow, we are capable of holding classes in almost any weather. Rarely are classes cancelled due to a lack of snow, though we do not hold classes in steady rain. Please call Charles River Canoe & Kayak (617-965-5110) if you have any question as to whether classes will be held. No refunds will be granted for missed classes. Weston Ski Track reserves the right to cancel classes due to unsafe weather conditions and will make final decisions two hours before the start time of the event.

IMPORTANT NOTE: For cancellations received fewer than 48 hours before your scheduled activity, we are unable to offer any refunds.

Location: Leo J. Martin Golf Course

Min: 3/Max: 6

5 weeks

S#	Day	Times	Date	Price
01	Wed	1:15 - 2:15 pm	Jan 6 - Feb 3	\$70

FOR CROSS COUNTRY SNOW CONDITIONS

Please call Charles River Canoe & Kayak (617-965-5110)



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Horsepower

132201

(Ages 6 - 12)

Instructor: Century Mills Stable

Have a horse crazy child? Horse Power is designed to give both children and their parents a broad-based introduction to horses in a fun, interactive class. Start each session by learning to handle, groom and tack up a horse. End each week with a group riding lesson where kids get to learn the basics in the saddle and parents can learn how to safely help them. Our licensed, upbeat instructors and happy, well-trained horses will make sure you and your child have a positive first horse experience. Century Mill Stables has an indoor ring for classes to run in all weather.

Location: Century Mill Stables**Min: 2/Max: 6**

4 weeks

S#	Day	Times	Date	Price
01	Sat	3 - 3:50 pm	Jan 9 - 30	\$185
02	Sat	3 - 3:50 pm	Mar 5 - Apr 2 (No class 3/26)	\$185

Pony Power

132202

(Ages 2 - 5)

Instructor: Century Mills Stable

A class made just for children ages 2 - 5! Our wonderfully patient small ponies are ready to teach your child the basics of horsemanship. Children will learn how to handle, groom, and tack up the pony, and will spend time in the saddle as well, working on basic control and position. Parents are encouraged to actively participate in the learning experience, and will be taught how to work safely around the animals and how to help their child have a safe and positive experience with the ponies. Century Mill Stables is conveniently located just 3 minutes from 495 and has an indoor ring for classes to run in all weather.

Location: Century Mill Stables**Min: 2/Max: 6**

4 weeks

S#	Day	Times	Date	Price
01	Sat	2 - 2:50 pm	Jan 9 - 30	\$150
02	Sat	2 - 2:50 pm	Mar 5 - Apr 2 (No class 3/26)	\$150

Century Mill Stables is located just 3 minutes from 495 and has an indoor ring for classes to run in all weather.

Directions to Century Mills Stable, 185 Century Mill Road, Bolton, MA

Route 495 from Wellesley via Route 9 or via Route 128 to the Mass Pike West. North on Route 495. Take exit 27 (Bolton/Stow exit) and at the end of the ramp take a left onto Route 117 toward Stow and then an IMMEDIATE right onto Route 85. Go one mile on Route 85 and take a right onto Century Mill Road. Century Mill Stables (#185) is one mile down on the right. Please call (978-779-2934) if you have trouble finding the stable.

Sweet Heart Dance

144085-01

Kids, take your "sweetheart" to the Warren Building for a night of dancing. You can bring that special adult in your life! There will be a DJ, light refreshments and photo opportunities.

Pre-Registration is REQUIRED.***DEADLINE TO REGISTER is January 31.*****Location: Warren Building****1 night only**

Day	Times	Date	Price
Sat	6:30- 8 pm	Feb 6	\$20 per pair

WELLESLEY BANK
PREMIER BANKING & WEALTH MANAGEMENT



Barn Buddies

Instructor: Sweet Meadow Farm Staff

Children will start their day feeding breakfast to our friendly barnyard animals. Then will groom and learn how to walk miniature horses on a leadline, feed new babies their bottle, and play with the baby miniature animals. Head over to the small animal room to learn to hold, feed, and care for a variety of small animals in our brand new insulated and heated barn! This is a drop off class.

Days offered Sat 10 - 12pm

To register, for information and/or availability of any of these programs, please contact the Wellesley Recreation Department.

781 - 235 - 2370

No-School Day Riding Program

Instructor: Sweet Meadow Farm Staff

On all school holidays (school closing days) or vacations (December, February, March and April), Sweet Meadow Farm offers a day program for your children. They will feed, play and learn how to take care of friendly farm and exotic animals. Each child will have a one-on-one horseback riding lesson. This is a drop off class.

Classes offered on all school holidays.

Mini Riders

Instructor: Sweet Meadow Farm Staff

Our patient, well-trained and gentle miniature horses are ready to introduce your child to a lifelong love. He/she will learn how to handle, and groom and tack up the miniature horse. They will then spend time in the saddle riding the hand-led pony. Parents are welcome and encouraged to participate in their child's one-on-one learning experience. Our focus is teaching how to work safely around the animals, while having a fun positive experience with the pony. After feeding and putting the ponies away, your child will have a chance to come into our brand new insulated and heated barn and play with our trained and friendly small animals (rabbits, guinea pigs, gerbils, chinchilla, birds and ferrets) for an all-around wonderful experience.

Days offered M-W-F 10-10:45am

Saddle Club

Instructor: Sweet Meadow Farm Staff



This program is perfect for children with little or no horseback riding experience. Each week students kick off the class with an educational horse activity. Next they will get hands on experience with our wide variety of animals, learning proper handling diet and care for guinea pigs, bunnies, ferrets, hedgehog, miniature

horses, mini cows, alpaca, emu, wallaby, goats, chickens and kittens. After the one-on-one riding lesson, students walk their horses back to the stable along with their instructor, to untack the horse and put them into their stall. Then the group feeds all the animals and learns regiments and proper medicinal care.

Days offered M-Tu-W 3:30-6pm

Early Release Riding

Instructor: Sweet Meadow Farm Staff

Your child will enjoy a one on one riding lesson as well as a unique and exciting hands-on animal science experience. They will feed, groom, and care for our friendly barnyard and exotic animals (including a kangaroo and Mini Cows), and our small animals (rabbits, guinea pigs, gerbils and ferrets). They will also have access to our bird room where they can hold and feed our birds, all this in a safe environment.

Directions to Sweet Meadow Farm

111 Coolidge Street, Sherborn, MA

Sweet Meadow Farm is a short 10 minute drive from downtown Wellesley. Head towards Natick on Central St/ MA-135 W for a little over 4 miles. Take a left turn onto Speen St and follow for 1 mile. Then take a left onto Coolidge St. Sweet Meadow Farm will be located on the right. For any questions/troubles please contact Sweet Meadow Farm 508-308-9194

All About Ponies

Instructor: Sweet Meadow Farm Staff

Beginning horsemanship for the animal lovers! In this drop-off class, children will learn to handle, care for, groom, tack up and ride our gentle and well-trained ponies. The focus of the class will be on ponies, however, they will spend time interacting with our friendly barnyard and exotic animals including a kangaroo, baby deer and small animals (rabbits, guinea pigs, gerbils and ferrets). As a group, we will have a chance to enjoy our bird room where they can hold and feed our friendly birds in a safe environment. At the end, they will have the opportunity to feed the ponies and put them to bed. All this is in our brand new insulated and heated barn! This is a drop off class.

Days offered M-Tu-W 3:30-6pm

Foundations

124989

(Grades 2 - 5)

Instructor: JrCode Staff

This is a great introduction into the basics of computer coding. JrCode utilizes the Scratch platform to teach kids the fundamentals of programming in this section. Students will be challenged to learn the basics of coding, including algorithms and analytical problem solving, while completing games and projects that are so creatively fun, they will be shocked how much they are learning week after week. No previous experience or class requirements are necessary. The course does require student to have a laptop (PC, Mac or Chrome) but if your child will not have access to a laptop during this course, please let us know.

Location: Warren Building

Min: 5/Max: 14

7/8 Weeks

S#	Day	Times	Date	Price
01	Mon	3:45 - 4:45 pm	Jan 25 - Mar 21 (No class 2/15)	\$275
02	Thu	3:45 - 4:45 pm	Jan 28 - Mar 24 (No class 2/18)	\$275
03	Sat	9 am - 10 am	Jan 23 - Mar 19 (No class 2/13 & 2/20)	\$241

Intermediate

124989

(Grades 2 - 5)

Instructor: JrCode Staff

JrCode's Intermediate class really puts children's "Scratch" skills to the test. The course utilizes the online platform, Scratch, and will build upon the fundamental skills from their previous experiences to develop more advanced projects and games. This class is ideal for older elementary kids or for ones that have previous experience with the Scratch platform. This course will introduce students to more advanced coding concepts and procedural thinking methodologies to prepare students to make the switch over to the JavaScript Intro course. This course is not recommended to new students with no coding experience as they will be missing some of the fundamental building blocks (and fun!). The course does require student to have a laptop (PC, Mac or Chrome) but if your child will not have access to a laptop during this course, please let us know.

Location: Warren Building

Min: 5/Max: 14

7/8 Weeks

S#	Day	Times	Date	Price
07	Tue	5 - 6:30 pm	Jan 26 - Mar 22 (No class 2/16)	\$350
08	Fri	5 - 6:30 pm	Jan 22 - Mar 18 (No class 2/19)	\$350
09	Sat	10:30 am - 12 pm	Jan 23 - Mar 19	\$325



Register online @
wellesleyma.gov/recreation



You're the Teacher

124989

(Grades 2 - 5)

Instructor: JrCode Staff

This themed class takes the "how to" concept and makes it kid-sized. Kids will choose a variety of subjects in which they are "experts" to create their own project based learning programs. This class builds on topics that were covered in the Foundations level and are perfect for students who have completed that class or have previous experience in coding, but not quite ready to move onto the Scratch Intermediate program. Student will apply their coding skill from Foundations and expand their skill to develop projects and challenges that will test their understanding and reinforce their procedural thinking principles. The course does require student to have a laptop (PC, Mac or Chrome) but if your child will not have access to a laptop during this course, please let us know.

Location: Warren Building

Min: 5/Max: 14

8 Weeks

S#	Day	Times	Date	Price
04	Tue	3:45 - 4:45 pm	Jan 26 - Mar 22 (No class 2/16)	\$275
05	Wed	3:45 - 4:45 pm	Jan 27 - Mar 23 (No class 2/17)	\$275
06	Fri	3:45 - 4:45 pm	Jan 22 - Mar 18 (No class 2/19)	\$275

Intermediate Encyclopedia

124989

(Grades 5 - 9)

Instructor: JrCode Staff

This class is one of the final steps in mastering "Scratch." This one takes the how to concept and makes it kid-sized. Kids will choose a variety of subjects in which they are "experts" to create their own project based learning programs. Upon completion of these Intermediate studies, students will be Scratch Masters. This class is ideal for any returning student that have successfully completed the Intermediate class or another Intermediate themed class. This course will encourage students to take all of the skills mastered in Intermediate and put them to use to develop more advanced games, stories and animation. Upon completion of the Intermediate Themed Studies, students will be fully prepared to move onto JavaScript Intro. The course does require student to have a laptop (PC, Mac or Chrome) but if your child will not have access to a laptop during this course, please let us know.

Location: Warren Building

Min: 5/Max: 14

8 Weeks

S#	Day	Times	Date	Price
10	Mon	5 - 6:30 pm	Jan 25 - Mar 21 (No class 2/15)	\$350
11	Wed	5 - 6:30 pm	Jan 27 - Mar 23 (No class 2/17)	\$350
12	Thu	5 - 6:30 pm	Jan 28 - Mar 24 (No class 2/18)	\$350



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Accelerated

124989

(Grades 5 - 9)

Instructor: JrCode Staff

This class is a perfect introduction to the older student with little or no programming experience. It will be a faster-paced programming foundation utilizing "Scratch," an online platform and programming language. Students will be challenged to learn the basics of coding, including algorithms and analytical problem solving, while completing games and projects. This course will introduce students to more advanced coding concepts and procedural thinking methodologies to prepare students to make the switch over to the JavaScript Intro course. The course does require student to have a laptop (PC, Mac or Chrome) but if your child will not have access to a laptop during this course, please let us know.

Location: Warren Building

Min: 5/Max: 14

8 Weeks

S#	Day	Times	Date	Price
13	Thu	6:45 - 8:15 pm	Jan 28 - Mar 24 (No class 2/18)	\$350



JavaScript Gallery

124989

(Grades 5 - 9)

Instructor: JrCode Staff

JavaScript Themed Classes are a more advanced look at the JavaScript for students ranging from the 5th-9th grades that have previously taken the JavaScript Foundations class and are interested in mastering the principles of the introductory course by applying their knowledge to projects and critical thinking problems solving challenges. Students will expand their understanding of the importance of JavaScript as they develop and build their own website, using more advanced algorithms and expanding on their foundational skills. They will be introduced to other simple web based projects where they will build their own photo gallery as well as an adventure game. The course does require student to have a laptop (PC, Mac) but if your child will not have access to a laptop during this course, please let us know.

Location: Warren Building

Min: 5/Max: 14

8 Weeks

S#	Day	Times	Date	Price
15	Mon	6:45 - 8:15 pm	Jan 25 - Mar 21 (No class 2/15)	\$350
16	Wed	6:45 - 8:15 pm	Jan 27 - Mar 23 (No class 2/17)	\$350



JavaScript Foundations

124989

(Grades 5 - 9)

Instructor: JrCode Staff

JavaScript Foundations is an introductory course in the dynamic programming language of "JavaScript." This course is open to any student interested in diving into more complex programming and coding skills. It is highly recommended that students have previous Scratch programming experience, but we will work with new students to make sure they all get the most out of this course, even without previous coding experience. Upon successful completion of this course, students will have a developed understanding of the internet and the importance of JavaScript in our world today. Students will be introduced to more advanced algorithms, using For-loops and While-loops and begin to develop their own functions in this fun and exciting yet challenging course. The course does require student to have a laptop (PC, Mac) but if your child will not have access to a laptop during this course, please let us know.

Location: Warren Building

Min: 5/Max: 14

8 Weeks

S#	Day	Times	Date	Price
14	Tue	6:45 - 8:15 pm	Jan 26 - Mar 22 (No class 2/16)	\$350

Indoor Walking @ Warren Bldg!

For All Ages! The weather is always fine for walking inside the Warren Building! Any time during our business hours (8:30 - 4:30), you can walk up, down, and all around. Check out our Open Gym schedule if walking laps is your thing. Contact the Recreation Department @ 781-235-2370 for more information.



Parents Guide to College Application

123055-02

(Grades 7 - 10)

Instructor: Signet Staff

This seminar, primarily for parents of current high school juniors. A senior Signet admissions consultant will focus on unpacking all of the components of the college application process from a parent's perspective, including building a college list, understanding the importance of "fit", requesting recommendations, filling out the application, and creating a compelling narrative for a college essay. In the discussion, we will also explain why some college applications stand out over others, and we'll show parents how to build a comprehensive timeline for their child's application process. Let our seasoned college app veterans demystify the college application process for you.

Location: Warren Building

Min: 5/Max: 25

1 class

Day	Times	Date	Price
Tue	6 - 7:30 pm	Mar 8	\$72



Introduction To The New SAT

123055-03

(Grades 10 -11)

Instructor: Signet Staff

The new SAT will launch in March of 2016. While a lot has carried over, a lot has changed. Join a senior Signet SAT instructor to learn what the changes are, why they've come about, and how you or your child can best prepare for them. In addition, you'll leave with a concrete self-study test prep plan.

Location: Warren Building

Min: 5/Max: 25

1 class

Day	Times	Date	Price
Tue	6 - 7:30 pm	Feb 9	\$72



College Planning 101

123055-01

(Grades 7 - 10)

Instructor: Signet Staff

Students play the role of young entrepreneurs as they start with the germ of an idea for a product and business and take it through the entire entrepreneurial process. Loosely based on the TV show Shark Tank, our students develop prototypes, formulate a business plan and devise a marketing strategy. Meanwhile, students learn through contextual lessons on concepts such as wages, profits and branding while designing print ads, acting out "TV commercials," researching real estate locations and creating replicas of their storefronts. The class concludes with our young executives pitching their ideas to a celebrity panel of parent "sharks." These young executives will really be taking care of business!

Location: Warren Building

Min: 5/Max: 25

1 class

Day	Times	Date	Price
Tue	6 - 7:30 pm	Feb 23	\$72



Attitash
Mountain Resort

Discount Ski Lift Tickets

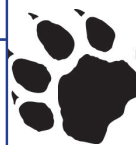
140288

Get discounted direct to lift tickets for Attitash Mountain Resort or Wildcat Mountain! You pay the same price for midweek or weekends. Great opportunity to take the whole family skiing while saving some money! 5 years old and under are free with each paid adult. All tickets must be picked up at the Recreation office M-F, between 9 am - 4 pm. Tickets will NOT be mailed.

Location: Warren Building

Min: 10/Max: 20

Section	Category	Price
01	Adult	\$65
02	Young Adult (13-18)	\$50
03	Senior (65+) & Junior (6-12)	\$40



WILDCAT
MOUNTAIN



Basketball Shooting Clinic

121211

(All Ages)

Instructor: Isaiah Davis

Join Coach Isaiah Davis and his Game Time training staff every Sunday morning to work on shooting technique and get as many shots up as possible in an hour. With most games being played on Saturdays and Sundays, we want to treat this session as a shooting prep for your upcoming game! Be prepared and ready to score big in every Metrowest and town game during the winter with this early Sunday morning session. Space is limited to the first 20 players to join. This is a coed clinic.

Location: 10 Acre

Min: 8/Max: 20

7 weeks

Day	Times	Date	Price
Sun	8 - 9 am	Jan 10 - Mar 13	\$150

(No class 1/17, 2/14, 2/21)

Wicked Cool Science Feb Vacation: Space Lab



124924

(Ages 7 - 12)

Instructor: Wicked Cool for Kids Staff

Wicked Cool For Kids has updated our Lego engineering program to include STEM based challenges and free building - two things kids love. Using Lego education curriculum, kids will build mechanisms that incorporate gears, flywheels, levers and cams to build a barking dog, a crawling bug, a launch-powered drag racer, and other amazing contraptions. We'll crank up the fun as kids use their creativity to build with Legos in problem solving challenges. Design a spinning eggbeater or create a car to carry Lego bricks uphill. Kids will love rising to the Lego challenge and receiving a new (take home) minifigure to test their designs.

Location: Warren Building

Min: 10/Max: 20

1 week

S#	Day	Times	Date	Price
01	Tue-Fri	9 am - 4 pm	Feb 16 - 19	\$255



Pottery Vacation

121417

(Ages 7 - 13)

Instructor: Ramune Jauniskis

In this four day course kids will learn the basics of hand building and wheel throwing while working on suggested projects as well as projects of their own choosing. All work will be kiln fired and must be picked up the following week. Please bring a snack. Price includes materials fee.

Location: Warren Building

Min: 6/Max: 10

1 week

S#	Day	Times	Date	Price
01	Tue - Fri	9am - 12 pm	Feb 16 - 19	\$165



REGISTRATION

Residents:

Upon receipt of this brochure via mail or email

Non Residents:

Tuesday, December 15 @ 7am

Online ■ Walk-in ■ Phone

February Vacation Painting and Drawing

121491

(Ages 6.5 - 12)

Instructor: D'Ann Hansen

Step-by-step visual demonstration on how to draw and paint two art-works by modern or contemporary masters. Subject may include an animal, a still life or a figure. Students will learn about composition, color theory, shading and handling the paint brush to create different textural effects. Painted with professional quality acrylics on the finest papers, these 16" x 22" paintings will fit into standard size frames. You'll want to make room on your walls for these! All supplies included.

Location: Warren Building

Min: 6/Max: 8

3 classes

S#	Day	Times	Date	Price
01	Tue-Thur	1 - 4:30 pm	Feb 16 - 18	\$195

Puddlestompers February Vacation

115702

(Ages 3 - 6)

Instructor: Puddlestompers Staff

Let us lead your children in discovering the beauty and wonder of late winter during PUDDLESTOMPERS February Vacation Week Drop-Off Program. Activity will be based at Warren Recreation Center in Wellesley where we will venture outside along the adjacent trail as much as temperature and weather allow. Learn about how animals survive the winter and why evergreens keep their leaves. Look for animal tracks and other signs of winter activity. Investigate the reappearance of animals and the new growth of plants as Mother Nature promises warmer weather in the months ahead. We will learn about the day's topic through hands-on exploration, active movement and play, crafts, stories, and songs with our integrated curriculum. A snack will be provided each day, as well as a take-home craft and handout with additional activities and information to extend learning and nature discovery into your home. Bring a nut-free lunch.

Location: Warren Building

Min: 4/Max: 20

4 days

S#	Day	Times	Date	Price
01	Tue	9 am - 1 pm	Feb 16	\$64
02	Wed	9 am - 1 pm	Feb 17	\$64
03	Thu	9 am - 1 pm	Feb 18	\$64
04	Fri	9 am - 1 pm	Feb 19	\$64

IN CASE OF INCLEMENT WEATHER:

Wellesley Recreation will not have classes if Wellesley Public Schools are closed due to stormy weather. If we need to cancel an evening or weekend class, please check the website and we will try to call/email participants



Sewing for Kids

121427

(Ages 8 - 13)

Instructor: Dorothy Theodore

Interested in the world of Fashion? Even if you're not, an aspiring fashion student you'll enjoy this class. This class is a beginners guide to the world of fashion design, led by an industry professional. If you want to learn how to sew a button and more, this sewing and dressmaking class is for you! A list of necessary supplies will be handed out at the first class for you to purchase and bring to future classes. You may bring your own sewing machine otherwise, sewing machines will be provided by the instructor.

Location: Warren Building**Min: 6/Max: 12****6 weeks**

S#	Day	Times	Date	Price
01	Tu	5 - 6:45 pm	Jan 19 - Mar 1 (No class 2/16)	\$215

Indoor Tennis

125200

(Ages 5 - 11)

Instructor: Mike Sabin & Staff

This is a fun approach to learning tennis. Emphasis will be placed on developing hand eye coordination skills while providing an introduction to the game of tennis. You must provide your own racquet and bring a water bottle. All classes will be held inside.

Location: Warren Building**Min: 4/Max: 12****7 weeks**

S#	Age	Day	Times	Date	Price
01	5 - 7	Thu	3:30 - 4:30 pm	Jan 14 - Mar 3 (No class 2/18)	\$160
02	5 - 7	Thu	4:30 - 5:30 pm	Jan 14 - Mar 3 (No class 2/18)	\$160
04	8 - 11	Thu	5:30 - 6:30 pm	Jan 14 - Mar 3 (No class 2/18)	\$160



Fencing

121801

(Grades 3 - 6)

Instructor: Zeta Fencing Staff

The modern sport of fencing provides a great physical and mental workout for students of all athletic abilities. As one of the safest sports, fencing improves endurance, coordination and speed as well as mental focus and concentration. At the same, it is so much fun that our students don't even think of it as a workout! During the 8-week program, participants will master the basic skills of footwork, blade moves, and tactics of modern fencing. They will also learn about the history and traditions of one of the oldest sports in the world and experience the values of true sportsmanship. On the last day, students will fence a tournament. All fencing equipment will be provided. Students need to wear loose-fitting sweat pants (no jeans, tights, or cargo pants), a T-shirt, and athletic shoes that are closed on top (no velcro). **INSURANCE REQUIREMENT:** In order to comply with insurance requirements, all participants need to sign up for a non-competitive membership with USA Fencing prior to the first day of the program. The non-competitive membership costs \$10 and is included in class fees. Instructions for signing up online will be provided upon registration and must be completed online before the first Fencing class.

Location: Warren Building**Min: 8/Max: 20****8 weeks**

S#	Day	Times	Date	Price
01	Wed	4 - 5 pm	Jan 13 - Mar 9 (No class 2/17)	\$199

Movie Night & Meeting for Individuals with Disabilities!

Date: January 22, 2016**Time: 6:30pm - 9:00pm****Location: Warren Building**

This is an informal meeting/social for parents and kids/young adults who have disabilities. We will have a movie playing, snacks, and the chance to talk about providing specific adaptive and inclusive programming opportunities here in Wellesley. For more info and to RSVP please email Brandon at bfitts@wellesley.ma.gov.



WELLESLEY RECREATION ON SOCIAL MEDIA



LIKE us on Facebook to stay up to date on special events, programs, and more! facebook.com/recwellesley



Follow us on Instagram! [@recwellesley](https://www.instagram.com/recwellesley)



Community Band

The town's (founded 9/13) wind band invites players at all levels to join it's relaxed Monday evening gatherings of brass, woodwind and percussion players. There are no auditions; all are welcome. We play a mix of concert band favorites, light classics, show tunes and marches.

Dust off that old horn and recapture the joy of youthful music making. We pretty much follow the school year with three eleven week sessions September through June. The band is conducted by Henry Platt.

Register online at www.wellesleyma.gov/recreation or call the Recreation Department. For players who just show up with horn in hand, registration forms will be available at start-up time.

- **Mondays from 7 - 8:30 pm**
- **Jan. 4 - Mar. 21 (No class 1/8 & 2/15)**
- **Wellesley Middle School Band Rm.**
- **If you'd like more information, call 781-235-2370.**
- **To register online, use activity #145899-01.**
- **Cost \$50**

Middle School Night at Recreation



122401

(Grades 6 - 8)

Instructor: Recreation Department Staff

Get out of the house on a Friday night. We'll have an open gym for pick up sports, use of our computer lab, board games, video games, and other organized activities AND Bubble Soccer!. We have vending machines available or please feel free to bring your own snack.

Location: Warren Building **Min: 30/Max: 40**

2 nights

S#	Day	Time	Date	Price
01	Fri	5:30 - 7:30 pm	Feb 26	\$20
02	Fri	5:30 - 7:30 pm	Mar 18	\$20

Bubble Soccer!

Middle School Night @ Recreation - Both Sessions!



Heartbeat for Adults

140403-01

Instructor: Bitsy Graham

A fully choreographed comprehensive and fast paced fitness program featuring aerobics, core strengthening, upper and lower body toning, balance and flexibility. Come build a stronger heart, stronger muscles, stronger bones and improved brain power. "Younger every day" is our motto.

Location: Warren Building Min: 15

11 weeks, 2 or 3 days per week

Day	Time	Date
Tu, Th, Fr	6:05 - 6:55 am	Jan 5 - Mar 25 (No class Feb 25-Mar 2)

\$180 for three days per week

\$125 for two days per week



Self Defense: COMBAT SAMBO Adults and Families

Practical Defensive System

141855

(Adults & 12+ yrs)

Family Classes: Children over 6 years of age, accompanied by Adult Instructor: Grandmaster Michael Galperin & Staff

"SAMBO" - Russian acronym for "Self Defense without Weapons". This SYSTEM designed to prepare individuals to survive in any real world life threatening situation. It provides effective defense against attacks by both armed and unarmed assailants, physically superior opponents and multiple attackers. Combat SAMBO incorporates the most effective survival techniques from Judo, Jiu-jitsu, Karate, Aikido, Kung Fu, Krav Maga and others. It is one of the most comprehensive self defense and survival systems in the world. You will learn practical application of self defense techniques in a variety of situations. Learning this unique Martial Art style will boost your confidence, health and fitness along with self-esteem. The practical hands-on techniques will enable you to protect yourself against kidnapping, rape, carjacking, street attack, and home invasion. Your goal is to become untouchable. **Note:** Participants may join classes at any time; your full term payment will extend into the next term. For more information regarding the program details please visit combatsambo.com or call 617-413-0660

Location: Warren Building

Min: 8/Max: 20

S#	Day	Times	Date	Price
01	Mon	7:30 - 9 pm	Jan 4 - Mar 28 (No class 1/18, 2/15)	\$208
02	Wed	7:30 - 9 pm	Jan 6 - Mar 30 (No class 2/17)	\$160
03	Mon & Wed	7:30 - 9 pm	Jan 4 - Mar 30 (No class 1/18, 2/15, 2/17)	\$299

Fusion Fit

Instructor: Bitsy Graham

140402-01

An innovative combination of cardio, core, strength work, balance and flexibility, all choreographed and set to fun, funky, upbeat music. Class incorporates hand weights, pilates rings, dynabands, ankle bands & balance pads. Strong body, strong bones, strong mind!!!!

Location: Warren Building

Min: 10

11 weeks, 2 - 5 days per week

Day	Time	Date	Price
M-F	8:45 - 9:45 am	Jan 4- Mar 25 (No class 1/18 & 2/15, Feb 25-Mar 2)	\$240/2x/week \$315/3x/week \$325/4x/week



Pickleball for Seniors: Drop - In

Co-Sponsored by the Wellesley Council on Aging

What is Pickleball?

It is a combination of tennis, racquetball and ping-pong. Played on a 20 x 44 ft court. Pickleball is the fastest growing paddle sport in the U.S. The paddle is about 15" long typically made of wood, aluminum or composite and the ball is similar to a plastic whiffle ball. The great thing about Pickleball is that it takes very little time to learn how to play! Pickleball is a great activity for ALL ages! All equipment is provided for this drop-in program.

Location: Warren Building

6 weeks

Day	Times	Date	Price
Mon	1 - 3 pm	Jan 25 - March 7 (No class 2/15)	\$1/day drop in fee

Adult Drop-In Sports

Play pick-up games, once a week. There are no referees, this is just a great opportunity to play some pick-up basketball or volleyball. Please check the website wellesleyma.gov/recreation; click on "Open Gym." Times are subject to change. There is a \$5 drop in fee per night or \$50 for the Winter season.

Location: Warren Building Gym

Sport

Women's Basketball: #141233
Tues. 7 - 9 pm Jan 12 - Mar 22 (No drop-in 2/16)
Co-Ed Volleyball: #141100
Thurs. 7:45 - 9:30 pm Jan 14 - Mar 24 (No drop-in 2/18)

CrossFit for Adults

140244

Instructor: CrossFit ONE Nation Staff

Try a FREE CrossFit class!!!

CrossFit ONE Nation & Wellesley Recreation have partnered to offer great kids and adult programs with an incredible discount!

Come down to CrossFit ONE Nation, a newly renovated 10,000 square foot warehouse and have an awesome CrossFit experience taught by an unparalleled coaching team! We have state-of-the-art equipment, indoor turf, lounge, kids area, yoga, baby sitting, locker rooms, showers, filtered water bottle filling station, and coffee in the morning before you head off to work! Once you love this free class, get the Wellesley Recreation ONE Nation discount at \$185/month unlimited visits! PRE- REGISTRATION REQUIRED!!!

Location: CrossFit ONE Nation - 10 Charles St, Needham
1 class

S#	Day	Times	Date	Price
01	Fri	6:30 - 7:30 am	Jan 8	FREE
02	Fri	8:30 - 9:30 pm	Jan 8	FREE
03	Fri	5:30 - 6:30 pm	Jan 8	FREE
04	Fri	6:30 - 7:30 am	Feb 5	FREE
05	Fri	8:30 - 9:30 am	Feb 5	FREE
06	Fri	5:30 - 6:30 pm	Feb 5	FREE
07	Fri	6:30 - 7:30 am	Mar 4	FREE
08	Fri	8:30 - 9:30 am	Mar 4	FREE
09	Fri	5:30 - 6:30 pm	Mar 4	FREE



Senior Core & Balance with Sharon

140218-01

Instructor: Sharon Fillyaw

Co-Sponsored by the Wellesley Council on Aging

Core and Balance with Sharon is a new and exciting approach to fall prevention and recovery. The class focuses on leg, shoulder and core strength along with balance. Sharon is a national level bodybuilder who enjoys working with the senior population to assist them in becoming more self reliant. You will learn how to react before, during and after a fall and how to do so if injured.. Sharon's Full Body and Fitness workout airs on the Wellesley Community Access channel. It is a demanding but fun class designed to get you more fit. This class is for all fitness levels so come on out and and enjoy the fun!

Location: Warren Building Min: 15/Max: 20
10 weeks

Day	Times	Date	Price
Fri	2 - 3 pm	Jan 15 - Mar 25 (No class 2/19)	\$35

Dynamic Running

140488-01

Instructor: Kathy Fleming

Don't let the winter months be an excuse for failing to get in shape. Running can be the easiest and most efficient way to stay in shape and youthful. The first step to a good running program is learning the do's and do not's of a successful training regime? This class is 50% running drills and 50% dynamic running. The drills we do train the body to use the appropriate muscles for running faster and more efficiently. Although this class is geared toward the beginner, veteran runners who would like to get faster and improve form will benefit from the class as well.

Location: Warren Building

Min: 6/Max: 12

5 weeks

Day	Times	Date	Price
Mon	11 am - 12 pm	Jan 25- Feb 29 (No class 2/15)	\$165



Recreation Office Hours

Monday - Friday 8:30 - 4:30 pm

Online • Walk- in • Mail • Fax • Phone



Attitash
Mountain Resort

Discount Ski Lift Tickets

140288

Get discounted direct to lift tickets for Attitash Mountain Resort or Wildcat Mountain! You pay the same price for midweek or weekends. Great opportunity to take the whole family skiing while saving some money! 5 years old and under are free with each paid adult. All tickets must be picked up at the Recreation office M-F, between 9 am - 4 pm. Tickets will NOT be mailed.

Location: Warren Building

Min: 10/Max: 20

Section	Category	Price
01	Adult	\$65
02	Young Adult (13-18)	\$50
03	Senior (65+) & Junior (6-12)	\$40



WILDCAT
MOUNTAIN

Yoga

140559 -01

Instructor: Julie Pernokas

This class offers a combination of Ashtanga and Iyengar styles which is a sequence of poses or postures coordinated to a specialized breathing technique (Ujjayi breath). The powerful sequence which often flows is designed to align the body, build strength, tone muscles, improve flexibility, and concentration. When practiced regularly, students experience the inner calm and lightness of the body, mind, and spirit. Some previous yoga experience is recommended for this level of class.

Location: Warren Building Min: 12/Max: 20

10 weeks

Day	Time	Date	Price
M/W/F	9 - 10:15 am	Jan 11 - Mar 25	\$180/1 day
(No class 1/18, 1/29, 2/15, 2/17, 2/19)			\$250/2 days
			\$275/3 days

Beginner Yoga

140555-01

Instructor: Julie Pernokas

This class offers a slow to moderately-paced approach to learning yoga. Instruction focuses on alignment, stretching, and strengthening. When practiced regularly, students often experience an inner calm and a more supple body. No previous yoga experience is necessary. All levels are welcome.

Location: Warren Building Min: 10/Max: 20

10 weeks

S#	Day	Times	Date	Price
01	Tue	7 - 8 pm	Jan 12 - Mar 22	\$180
(No class 2/16)				



Tai Chi

140519-01

Instructor: Leslie Worris

This is a Tai Chi class that also incorporates gentle yoga, chi gong and meditation. Increase flexibility and strength, improve, balance, posture, agility, endurance, mobility, circulation, prevent falls, and decrease stress. Breath work and relaxation techniques included. Please bring water. Chairs are available.

Location: Warren Building Min: 8/Max: 15

10 weeks

Day	Time	Date	Price
Thu	12:30- 1:30 pm	Jan 14 - Mar 24	\$120
(No class 2/4)			

Absolute Beginner Yoga

140517

Instructor: Julie Pernokas

This class is for someone who has always wanted to try yoga but didn't know where to start, or for someone who wants to be sure they are learning yoga correctly. This class offers a great introduction to yoga technique in a safe, gentle, and slower-paced setting. All levels are welcome.

Location: Warren Building Min: 10/Max: 20

9/10 weeks

S#	Day	Times	Date	Price
01	Mon	10:30 - 11:30 am	Jan 11 - Mar 21	\$170
(No class 1/18, 2/15)				
02	Wed	10:30 - 11:30 am	Jan 13 - Mar 23	\$180
(No class 2/17)				

**ALL YOGA CLASSES REQUIRE
A YOGA MAT.**



Yoga: Vinyasa Flow Foundations

140564-01

Instructor: Peter Kelly

This class is designed for a slow paced Vinyasa flow, combining movement, breath, alignment and meditation in a setting for both beginner and intermediate levels alike. The goal will be to achieve greater strength, balance and flexibility in ones everyday life, while having fun while we're at it! Please bring a yoga mat and water.

Location: Warren Building Min: 8/Max: 15

7 weeks

Day	Time	Date	Price
Sat	9 - 10:15 am	Jan 23 - Mar 19	\$100
(No class 2/13, 2/20)			

Yoga for Living Well

140513

Instructor: Leslie Worris

Discover the joys of Hatha yoga at a gentle, accessible pace. This class is for boomers, seniors and those living with a chronic illness. Postures are modified as needed and students are encouraged to work within their limits to build strength, flexibility and improve their balance and posture. Each class incorporates breath work, relaxation and meditation. You will learn stress reduction techniques that will broaden your ability to practice the art of relaxed living. The session can be of benefit to all levels of yoga practitioners, including beginners. Please bring water and a towel.

Location: Warren Building Min: 8/Max: 15

9/10 weeks

S#	Day	Times	Date	Price
01	Tue	1:45 - 3 pm	Jan 12 - Mar 22	\$110
(No class 2/2, 2/9)				
02	Thu	1:45 - 3 pm	Jan 14 - Mar 24	\$120
(No class 2/4)				

Sweet Heart Dance

144085-01

Kids, take your "sweetheart" to the Warren Building for a night of dancing. You can bring that special adult in your life! There will be a DJ, light refreshments and photo opportunities. This event is sponsored by Wellesley Bank.

Pre-Registration is REQUIRED. DEADLINE TO REGISTER is January 29.

Location: Warren Building

Max: 50 couples

1 night

Day	Times	Date	Price
Sat	6:30- 8 pm	Feb 6	\$20/couple



Ballroom: Introduction

144007-01

Instructor: Carol Lanzillo

We will teach you the basic fundamentals of ballroom dancing; learn how to lead, follow and feel great on the dance floor. You will also learn about timing, rhythm and posture. We will Cha Cha, Rumba & Hustle! Add passion and excitement to your life today! Please bring leather-soled shoes.

Location: Warren Building

Min: 10/Max: 20 cpl.

8 weeks

Day	Times	Date	Price
Mon	7 - 8 pm	Jan 25 - Mar 21 (No class 2/15)	\$180/cpl

Zumba: Tuesday

144043

Instructor: Meghan Collins

Working out and getting in shape has never been so much fun! Zumba is a Latin-inspired, dance fitness class that incorporates a variety of music with a focus on Latin and International music and dance. The dance routines feature easy-to-follow moves that tone your body while burning calories. Zumba welcomes everyone - from any fitness level or any age. Ditch the workout and join the party! Please wear sneakers or dance shoes, fitness attire, and bring a water bottle to class.

Location: Warren Building

Min: 8/Max: 15

7 weeks

Day	Time	Date	Price
Tue	9:30 - 10:30 am	Jan 12 - Mar 1 (No class 2/16)	\$60

Tap Dance

144020 - 01

Instructor: Valery Marcantonio

Some tap experience necessary. Experience the joy and discipline of Tap Dance! Valery shares her love of tap and focuses on the fundamentals of tap, technique, combinations, listening to music, all set to jazz, latin, blues and swing music. Tap Shoes are Required. Tap shoes can be purchased at: dancerswarehouse.com & downtown-dancewear.com

Location: Warren Building

Min: 5/Max: 10

10 weeks

Day	Times	Date	Price
Thu	6:30 - 7:30 pm	Jan 14 - Mar 24 (No class 2/18)	\$130

Ballroom: Intermediate

144007-02

Instructor: Carol Lanzillo

This class is for any student that has had prior ballroom dance training or taken the Introduction course that is offered through Wellesley Recreation. This intermediate class is designed to help you advance with your dancing and skill level by teaching you more difficult steps and technical components. Please bring leather-soled shoes. Various types of dances and patterns will be introduced throughout the weeks.

Location: Warren Building

Min: 10/Max: 20 cpl.

8 weeks

Day	Times	Date	Price
Mon	8 - 9 pm	Jan 25 - Mar 21 (No class 2/15)	\$180/cpl

Zumba: Wednesday

144088

Instructor: Tanya Novobrantseva

Zumba® is an exhilarating, effective, easy-to-follow, Latin-inspired, calorie-burning dance fitness-party™ that's moving people toward joy and health. Zumba® classes feature exotic rhythms set to high-energy Latin and international beats. Come join the party and you will have fun exercising to the tunes of Salsa, Merengue, Cumbia and Reggaeton among others. Bring a bottle of water, comfortable workout clothes and a smile!)

Location: Warren Building

Min: 8/Max: 20

5 weeks

Act #	Day	Time	Date	Price
01	Wed	7:15 - 8:15 pm	Jan 13 - Feb 10	\$35
02	Wed	7:15 - 8:15 pm	Feb 24 - Mar 23	\$35

Jazz Dance

144016 - 01

Instructor: Valery Marcantonio

This exciting hour of Jazz Dance will consist of stretching, strengthening, isolation exercises, along with across-the-floor work, including a cardio workout. Choreographed combinations will be danced to a variety of music...Latin, Funk, Jazz. Please wear comfortable clothes and bring your smiles and energy. All levels invited. No prior dance experience is required.

Location: Warren Building

Min: 5/Max: 10

10 weeks

Day	Times	Date	Price
Thu	7:30 - 8:30 pm	Jan 14 - Mar 24 (No class 2/18)	\$130

Guitar: Beginning (Age 16 - Adult)

145802-01

Instructor: Dave Medeiros

Whether you're an absolute beginner or someone who can strum a few chords or songs, you'll enjoy learning to play the guitar. Our easy approach makes it fun. Instruction will focus on basic theory, reading chord forms, strum patterns and picking styles, and how they apply to popular songs in the folk, rock, blues and country idioms. A limited number of guitar rentals are available at an additional cost of \$50 (for the duration of the course) payable to Dave at first class.

Location: Warren Building Min: 5/Max: 10
8 weeks

Day	Time	Date	Price
Mon	6 - 7 pm	Jan 25 - Mar 21 (No class 2/15)	\$130



Guitar: Continuing (Age 16 - Adult)

145803-01

Instructor: Dave Medeiros

Instruction will continue with theory, note reading and chord forms. We will concentrate on more complex strum patterns, right hand rhythms, and moving bass lines with chord accompaniment and melody. These techniques along with some classic guitar riffs should have you ready for open mic night! Continuing students should have completed "Beginning Guitar" or have knowledge in sight-reading and chord forms.

Location: Warren Building Min: 5/Max: 10
8 weeks

Day	Time	Date	Price
Mon	8 - 9 pm	Jan 25 - Mar 21 (No class 2/15)	\$130



Piano Lessons (Age 16 - Adult)

145801-01

Instructor: Dave Medeiros

An introduction to musicianship through piano/keyboard, these are absolute beginner lessons focusing on the fundamentals of music theory, note reading and independent hand coordination. Building from easy traditional melodies, students will venture into popular, boogie and blues styles. Songbook and handouts provided.

Location: Warren Building Min: 5/Max: 10
8 weeks

Day	Time	Date	Price
Mon	7 - 8 pm	Jan 25 - Mar 21 (No class 2/15)	\$130

Bollywood: Bhangra Routine

144017-03

Instructor: Rhea Chawla

Bollywood dance is the exciting and upbeat dance-form used in the Indian films. It is a mixture of numerous styles and techniques. In this class, facilitated by talented Wellesley High School Sophomore Rhea Chawla, you learn and explore a Bhangra routine. Bhangra: is an internationally recognized form of Folk Punjabi dance that has evolved into an energetic and peppy way of expressing happiness. Join the fun!

Location: Warren Building Min: 8/Max: 15
3 weeks

Day	Time	Date	Price
Mon	5 - 6:45 pm	Mar 7 - 21	\$50



Bollywood: Hip Hop Fusion

144017-02

Instructor: Rhea Chawla

Bollywood dance is the exciting and upbeat dance-form used in the Indian films. It is a mixture of numerous styles and techniques. In this class, facilitated by talented Wellesley High School Sophomore Rhea Chawla, you learn and explore a Hip-Hop/Fusion routine. Hip-Hop Fusion is the latest and most popular form of Bollywood Dance in India right now, incorporating Western styles into Hindi music. Join the fun!

Location: Warren Building Min: 8/Max: 15
3 weeks

Day	Time	Date	Price
Mon	5 - 6:45 pm	Feb 8 - 29 (No class 2/15)	\$50



Bollywood: Semi - Classical Routine

144017-01

Instructor: Rhea Chawla

Bollywood dance is the exciting and upbeat dance-form used in the Indian films. It is a mixture of numerous styles and techniques. In this class, facilitated by talented Wellesley High School Sophomore Rhea Chawla, you learn and explore a Semi-Classical routine. Semi-Classical is based on the traditional dances of India, Kathak and Bharatnatyam, with an interesting twist of the Facebook generation of Bollywood. Join the fun!

Location: Warren Building Min: 8/Max: 15
3 weeks

Day	Time	Date	Price
Mon	5 - 6:45 pm	Jan 11 - Feb 1 (No class 1/18)	\$50



Race: The Power of an Illusion NEW

143877

Instructors: Izumi Ludgate & Michelle Chalmers

This 2 hour class for any High School Student, will involve participation in a viewing of the powerful PBS Documentary, "Race: The Power of an Illusion, part 1." The film examines how scientific discoveries have toppled the concept of biological race. The program follows a dozen diverse students who sequence and compare their own DNA. They discover, to their surprise, that their closest genetic matches are as likely to be with people from other "races" as their own. The episode helps us understand why it doesn't make scientific or genetic sense to sort people into biological races, as it dismantles our most basic myths about race, including natural superiority and inferiority. Following the film, the class will engage in small and large group discussions to unpack what was learned and have questions answered.

Location: Warren Building **Min: 12/Max: 24**

1 class

S#	Day	Times	Date	Price
01	Wed	6 - 8 pm	Feb 3	\$17
02	Sat	3 - 5 pm	Mar 5	\$17



REGISTRATION

Residents:

Upon receipt of this brochure via mail or email

Non Residents:

Tuesday, December 15 @ 7am

Online • Walk-in • Phone

Voice-Overs:

You're On the Air Webinar

143502

Instructor: Such a Voice

Voice-overs are hot today! There are more opportunities to use your voice on commercials, films, and videos than ever before. If you have thought about doing this ...THIS COULD BE A GAME CHANGER! Full-time, part-time, or just sometimes, you can be having the time of your life, potentially making more money than you ever imagined possible, and record voice-overs for paying clients right on your computer! Lots of people "think" about getting into voice-overs. Now, finally, this could be your opportunity to MAKE IT HAPPEN!! We encourage you to join us for our online, interactive classes which includes a live Q&A session. As the class gets closer, you will receive a link to log on to the class. All you need is a computer with internet connection and phone line to call in and read a script!

Location: online **Max: 40**

1 day

S#	Day	Times	Date	Price
01	Thu	7 - 9 pm	Feb 11	\$45
02	Tue	8 - 10 pm	Mar 15	\$45

Yoga Book Club

143814

Instructor: Cory Halaby

Ever read a great self-help book, felt briefly inspired, then gone right back to your same old regular life? Here's a chance to let positive changes sink deep into your mind, body and spirit. Certified Martha Beck Life Coach and yoga instructor, Cory Halaby, will lead discussion and a yoga practice designed to integrate each idea. This winter we'll explore FINDING YOUR OWN NORTH STAR: claiming the life you were meant to live, by New York Times bestselling author, Dr. Martha Beck. FINDING YOUR OWN NORTH STAR is an entertaining, illuminating and profoundly effective workbook for creating a satisfying life that suits your unique, authentic self. Learn tools that will shift your perspective and keep you wisely on course for a lifetime. Yoga Book Club members are some of the most insightful, supportive women you'll ever meet. Come "claim the life you were meant to live" in good company.

Location: Warren Building **Min: 5/Max: 12**

8 classes

Day	Times	Date	Price
Thu	9:30 - 10:45 am	Jan 14 - Mar 10	\$150
(No class 2/18)			



Alexander Technique

142602-01

Instructor: Jill Geiger

Interested in improving your posture, moving with ease and reducing stiffness, pain and tension? Whether you're walking, running, driving or sitting at a computer you're "using" yourself. Poor posture, stress and neck/back/shoulder pains are often caused by unrecognized habits of tension or "misuse." Alexander Technique is a practical, educational method that provides the means to restore the good posture, balance and poise we are normally all born with. By learning how to recognize and unlearn habits of misuse, people of all ages can reduce tension and stress, and experience lasting relief from chronic pain. This class will introduce the technique: its history, principles and application to every-day activities. Class includes one private lesson.

Location: Warren Building **Min: 6/Max: 12**

1 class

Day	Time	Date	Price
Wed	7:30 - 9 pm	Feb 24	\$45



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Puppy Kindergarten (3-6 months)

144602-01

Instructor: Vera Wilkinson CDBC, CPDT-KA

This covers basic obedience and socializes the puppy to other dogs and people. Getting your pup off to the right start means fewer training problems later. Please bring a certificate or veterinarian bill confirming that the puppy is up to date on all shots, i.e. rabies and distemper. At time of registration, please give name, age, & breed of dog. The handler should be the same person every week, and be age 11 or older, but all family members are encouraged to attend.

Location: Warren Building **Min:** 6/**Max:** 10

5 weeks

Day	Time	Date	Price
Mon	6:30 - 7:20 pm	Jan 11 - Feb 22 (No class 1/18, 2/15)	\$125



Dog Obedience (6 months and up)

144601-01

Instructor: Vera Wilkinson CDBC, CPDT-KA

This course covers basic obedience including sit, stay, come, and heel. Training is gentle and motivational, and specific attention is given to individual problems. Teaching tricks and general care will also be covered. Please bring a certificate or veterinarian bill confirming that the dog is up to date on all shots, i.e. rabies and distemper. At time of registration, please give name, age, & breed of dog. The handler should be the same person every week, and be age 11 or older, but all family members are encouraged to attend.

Location: Warren Building **Min:** 6/**Max:** 12

5 weeks

Day	Time	Date	Price
Mon	7:30 - 8:20 pm	Jan 11 - Feb 22 (No class 1/18, 2/15)	\$125

Dog: Fun and Games

144603-01

Instructor: Vera Wilkinson, CDBC, CPDT-KA

A class designed for dogs and owners who are looking for a bit more than basic obedience. Using games and fun activities to enhance the practical use of those cues learned in good manners and puppy classes. New cues will be added to the dogs repertoire while learning in a fast paced and exciting environment. The handler should be the same person every week, and be age 11 or older, but all family members are encouraged to attend. No age requirement but a knowledge of basic obedience is highly recommended.

Location: Warren Building **Min:** 6/**Max:** 10

5 weeks

Day	Time	Date	Price
Mon	8:30 - 9:20 pm	Jan 11 - Feb 22 (No class 1/18, 2/15)	\$125

Secrets from a Professional Organizer

143177-01

Instructor: Lauren Zalkind

Getting organized doesn't need to be overwhelming when you have the right tools. Learn time-tested strategies that will take your home or office from crazy and cluttered to calm and collected. Taught by Lauren Zalkind, a Professional Organizer with 20 years of real-life experience.

Location: Warren Building **Min:** 6/**Max:** 12

1 class

Day	Time	Date	Price
Tue	7 - 8:30 pm	Jan 26	FREE

Whole Foods: Engine 2 Challenge

143728-01

Instructor: Kate Blaski, Whole Foods Healthy Eating Specialist

Why not make one of your 2016 resolutions a commitment to nourishing and wholesome food? Make a change in your life and join the Engine 2 Challenge. Eat the best nature has to offer for 28 days. The challenge includes weekly classes, cooking demonstrations, shopping instruction, label-reading and lots of opportunities to get to know like-minded people. Whole Foods Market Wellesley Healthy Eating Specialist Kate Blaski will guide you the entire way with recipes, tips and tricks and one-on-one support. The Challenge starts on January 9 and ends on February 6. Weekly meetups take place each Saturday starting January 9 at 4 pm at Whole Foods Market Community Room. For more information about the Engine 2 Diet go to www.engine2diet.com.

Location: Whole Foods, Wellesley**Max:** 20

5 weeks

Day	Times	Date	Price
Sat	4 - 5 pm	Jan 9 - Feb 6	FREE



Downsizing

Thinking About Downsizing?

143662-01

Instructor: Diamond Hayes & Dawn Link

Downsizing can mean moving from a 10,000-square-foot mansion to a 2,000-square-foot house or from a 1,500-square foot condo to a 200-square-foot "tiny home." Either way, it's a big change. If you've been thinking about downsizing but don't know where to start, this workshop is a good way to gather information so you can make better decisions. Topics will include whether to buy or sell first, how to time the market and how to prepare your home for sale. You'll also receive tips on how to organize your home and your personal items as you downsize. Diamond Hayes of William Raveis Real Estate and Dawn Link of Resolutions Organizing lead this workshop.

Location: Warren Building **Min:** 6/**Max:** 15

1 class

Day	Time	Date	Price
Tue	10 - 11:30 am	Mar 8	\$FREE

Spanish for the Health Professional

143565-01

Instructor: Sherry Ruff

Would you like to learn how to communicate more effectively with your Spanish-speaking patients, families, & co-workers in a health setting? Then this course is for you! We will learn specific vocabulary related to your everyday work experiences such as health status, anatomy, medical history & examination. The class format will include role playing, presentation & reading/writing. No previous knowledge of Spanish required.

Location: Warren Building

Min: 6/Max: 12

5 weeks

Day	Time	Date	Price
Tue	7:30 - 9 pm	Jan 12 - Feb 9	\$100



Spanish for the Road

143564-01

Instructor: Sherry Ruff

Boarding an airplane, dining out, staying at hotels, conducting a friendly conversation – you'll learn to do it all in Spanish! Conversation, vocabulary & role-playing will be stressed. We will celebrate at a Spanish restaurant the last class. No previous knowledge of Spanish required.

Location: Warren Building

Min: 6/Max: 12

6 weeks

Day	Time	Date	Price
Tue	7:30 - 9 pm	Feb 23 - Mar 29	\$110



REGISTRATION

Residents:

Upon receipt of this brochure via mail or email

Non Residents:

Tuesday, December 15 @ 7am

Online • Walk-in • Phone

Bridge: Beginners

144102-01

Instructor: Anand Lele, ACBL Accredited

Bridge is a very popular and challenging card game. The emphasis in this class will be on learning the logic associated with "The Standard American 5 card Majors" bidding system. Every class session will include instruction followed by supervised bidding and play in a very friendly setting. You will receive comprehensive and easy to understand handouts to assist you in learning this fascinating game. This class is appropriate for both students who are totally new to the game, as well as for those who have played before but need a review of the basics.

Location: Warren Building

Min: 12/Max: 20

8 weeks

Day	Time	Date	Price
Tue	1 pm - 3 pm	Jan 12 - Mar 8 (No class 2/16)	\$145

Bridge: Popular Conventions

144105-01

Instructor: Anand Lele, ACBL Accredited

Advance your game of bridge by learning the commonly used conventions. An understanding of the use of these conventions will help to improve your Bridge Techniques. Each session will consist of instruction followed by Supervised Play with some prearranged hands. There will comprehensive and easy to understand handouts will be distributed.

Location: Warren Building

Min: 12/Max: 20

8 weeks

Day	Time	Date	Price
Tue	10 am - 12 pm	Jan 12 - Mar 8 (No class 2/16)	\$145

Bridge Play of the Hand

144110 -01

Instructor: Parul Jain

This class is for those who have acquired the basic knowledge of the game, and now want to learn about the various techniques associated with the "Play of Hands." Each session will include instruction followed by supervised play with emphasis on improving your "Thinking at the Table." There will comprehensive and easy to understand handouts will be distributed.

Location: Warren Building

Min: 12/Max: 20

8 weeks

Day	Time	Date	Price
Mon	2:30 - 4:30 pm	Jan 11 - Mar 14 (No class 1/18, 2/15)	\$145



Interested In Teaching A Program? Let us know!

Contact Brandon Fitts
bfitts@wellesleyma.gov

Still Life & Observational Drawing

141425-01

Instructor: Alfred De Angelo

This is the right course for those who have no drawing experience or for those who feel they have an unexplored artistic talent. Before you can create beautiful art you need to learn the basics of drawing and our goal is to help you awaken that hidden ability to express yourself artistically. You will start by learning how to analyze what you see. You will progress from drawing simple geometric objects to more complex shapes and still life setups, while gaining an understanding of perspective, line, shading and texture. Each individual artist will be able to progress as far as their skills will take them! Alfred De Angelo has a BFA from the Massachusetts College of Art and a Master of Fine Arts degree from the Rhode Island School of Design. A list of supplies will be provided upon registration.

Location: Warren Building **Min:** 6/**Max:** 8
8 weeks

Day	Time	Date	Price
Tue	7 - 8:30 pm	Jan 12 - Mar 8 (No class 2/16)	\$120

Zen Drawing

141424-01

Instructor: D'Ann Hansen

This class is for all levels of drawing experience. As long as you can hold a pencil and write, you can learn to draw in this way. We will be using fruits, vegetables, leaves and other still life objects for our drawing inspiration. We will observe their lines, shapes, and the shadows which define them. The method we will be using will train our eyes to really see what we are looking at. Since our focus will be on the process, rather than producing a "perfect" product, drawing in this way can be very relaxing. Once you learn to draw like this, you will enjoy capturing the world around you on paper.

Location: Warren Building **Min:** 6/**Max:** 8
6 weeks

Day	Time	Date	Price
Fri	12 - 2 pm	Jan 29 - Mar 18 (No class 2/19, 2/26)	\$195

Painting with Acrylics for Adults

141455

Instructor: D'Ann Hansen

Come and give your creative mind some time to play! By using right brain drawing strategies and step-by-step visual demonstrations, students will successfully draw and paint pieces inspired by modern masters and contemporary painters. Students use the finest grade acrylics on archival paper. These paints are a joy to use with a thick and buttery consistency and a very forgiving nature! All levels of experience are welcome, including those who have never picked up a paint brush. All classes held in the sunny art studio in the Warren Building. Price includes supplies.

Location: Warren Building **Min:** 6/**Max:** 8
5 weeks/3 weeks

Act	Day	Time	Date	Price
01	Wed	10 am - 12 pm	Jan 20 - Feb 24 (No class 2/17)	\$195
02	Wed	10 am - 12 pm	Mar 9 - 23	\$120
03	Tue	12 - 2 pm	Jan 19 - Feb 23 (No class 2/16)	\$195
04	Tue	10 am - 12 pm	Mar 8 - 22	\$120

Introduction to Photography & Videography

143900-03

(Ages: 14 - Adult)
Instructor: Dan McNahon

Join nationally acclaimed photographer and videographer Dan McMahon on a 9 week journey into the artistry and technicality of capturing light. Dan McMahon has been one of New England's top rated Wedding photographer/videographers for years and has recently stepped into the national spotlight photographing Hollywood films featured in theaters across the country. Dan will lead the class in discovering the basic concepts of photography and videography. He will demonstrate how to elevate your iPhone photos to that of a professional quality in addition DSLR. Dan's class will leave you inspired and ready to create your own compositions!

Location: Warren Building **Min:** 4/**Max:** 6
9 weeks

Day	Times	Date	Price
Wed	6:30 - 7:45 pm	Jan 13 - Mar 16 (No class 2/17)	\$225

Pottery for Adults

143403

Instructor: Ramune Jauniskis

Students will have the opportunity to learn the basics of hand building and wheel throwing. You will be encouraged to explore your own interests and work on your own individual project. All pieces will be kiln fired.

Price include supplies
Location: Warren Building **Min:** 6/**Max:** 8
8 weeks

S#	Day	Time	Date	Price
02	Thu	12 - 2 pm	Jan 14 - Mar 10 (No class 2/18)	\$145

The Art of Seeing: The Secret to Painting with Impact

141468

Instructor: Janet Schwartz

This 90-minute workshop helps people overcome the stumbling block of perception and focuses on seeing what is really there. I share an age-old approach that professional artists use to capture the essence of their subjects. The hands-on program engages participants in an exercise and guided demonstration that encourages them to see their subjects in darks, lights and mid-tones rather than focusing on what objects should look like. Through a series of images that are more and more in-focus (see below), participants create what initially looks like an abstraction but gradually evolves into something very familiar. They will be delighted with the result! The second part of the program is a discussion of my work demonstrating the same steps of seeing in dark, light and mid-tones to increased amounts of detail. Some of my work will be exhibited in the meeting space for attendees to view.

Location: Warren Building **Min:** 4/**Max:** 6
1 class

S#	Day	Times	Date	Price
01	Wed	7 - 8:30 pm	Jan 13	\$70
02	Wed	7 - 8:30 pm	Mar 16	\$70

Sewing for Adults

141427-01

Instructor: Dorothy Theodore

Interested in the world of Fashion? Even if you're not, an aspiring fashion student you'll enjoy this class. This class is a beginners guide to the world of fashion design, led by an industry professional. If you want to learn how to sew a button and more, this sewing and dress-making class is for you! It can help you learn a variety of sewing techniques from basic to advanced. This course is an excellent opportunity to combine your creativity with your technical skills that could turn into a rewarding new career. A list of necessary supplies will be handed out at the first class for you to purchase and bring to future classes. You may bring your own sewing machine otherwise, sewing machines will be provided by the instructor.

Location: Warren Building Min: 6/Max: 12

6 weeks

Day	Times	Date	Price
Tue	7 - 9 pm	Jan 19 - Mar 1 (No class 2/16)	\$300

Maximizing Social Security for a Confident Retirement

143643 - 01

Instructor: Rocco Bombardieri, Ph.D., CFP®

This class will teach how social security works in the context of a structured approach to retirement planning. It will help demystify issues such as when to take social security, how wages and other earnings affect your social security and what are the tax implications of your social security payment. We will explain specific strategies to maximize your social security income for the rest of your life. We will look at all these issues through the lens of a structured approach to retirement planning.

Location: Warren Building Min: 6/Max: 15

1 class

Day	Time	Date	Price
Wed	6:30 - 8:30 pm	Jan 27	FREE

Kids Protection Planning Workshop

143816 -01

Instructor: David Feakes

Do you know who will care for your children if something unexpected happens to you? Learn how easy it is to make sure your kids will always be taken care of by the people you want in the way you want. During this free, informative workshop, you'll discover the 9 Steps to Protect Your Children, in the event the unthinkable happens to you. You will learn how to: Be sure your children never spend even one moment in the care of strangers (or anyone you wouldn't want) if anything happens to you. Avoid the expenses and delays of a long, drawn-out court process that would make life difficult for your loved ones if you were in an accident. Protect your children's inheritance from creditors, lawsuits and failed marriages. - Make sure your hard-earned money is immediately and privately available to your chosen guardians. Leave behind more than just your money. And much more.

Location: Warren Building Min: 7/Max: 15

1 class

Day	Time	Date	Price
Tue	7 - 8:30 pm	Feb 2	FREE



Retirement Income Strategies:

Don't Outlive Your Money

143641-01

Instructor: Rocco Bombardieri, Ph.D., CFP®

After a lifetime of saving for your retirement, the last thing you want to worry about is the chance that you'll outlive your money. The right decisions will maximize your income; the wrong ones might deplete your assets. Learn how best to plan for and manage your retirement income. Discover principles and strategies that can turn your retirement years into a new opportunity. Whether you're newly retired, about to retire, or even 20 years from retirement, now's the time to learn about the surprising challenges you'll face managing your money in the years ahead.

Location: Warren Building Min: 6/Max: 15

1 class

Day	Time	Date	Price
Wed	6:30 - 9 pm	Jan 20	FREE

An Investment Strategy:

For the 21st century

143642 - 01

Instructor: Rocco Bombardieri, Ph.D., CFP®

The securities markets have taught some hard lesson of late. For instance, aggressive investing can lead to big losses. And today's hot item can be tomorrow's bad dream. In this class the instructor will show you a seven step process for clarifying investment goals and implementing those goals using mutual funds in an asset-class diversification program. Learn how to target respectable returns in a bull market combined with protection against a bear market. Learn precisely how to identify and manage risks. Understand the principles that can lead to greater predictability of returns and enhanced peace-of-mind. And learn how to evaluate your portfolio independent of its current returns.

Location: Warren Building Min: 6/Max: 15

1 class

Day	Time	Date	Price
Mon	6:30 - 9 pm	Feb 8	FREE

Critical Topics in Estate Planning

143688-01

Instructor: Rocco Bombardieri, Ph.D., CFP®

Estate planning is about how you can control what you have during and after your life. In this course we will explain the various elements that go into estate planning. Using simple-to-understand language and examples, you will learn about wills, probate, taxes, powers-of-attorney,, health-care proxies, living wills, and trusts. Learn how your retirement assets can become a burden for your heirs. See the common mistakes that people make which cost them or their families unnecessary hardship and sometimes major financial losses. It is not unusual for people to expose themselves to thousands and even hundreds of thousands of dollars of needless taxes and expenses. And most importantly learn what you need to know to work successfully with your legal and financial professionals to ensure that you keep the control which is rightfully yours and pay no unnecessary taxes.

Location: Warren Building Min: 6/Max: 15

1 class

Day	Time	Date	Price
Mon	6:30 - 9 pm	Jan 11	FREE

Welcome!

Our instructor-facilitated online courses are informative, fun, convenient, and highly interactive. Our instructors are famous for their ability to create warm and supportive communities of learners. It's no wonder that many long-lasting friendships have formed in our lively and intelligent discussion areas.

All courses run for six weeks (with a two-week grace period at the end). Courses are project-oriented and include lessons, quizzes, hands-on assignments, discussion areas, supplementary links, and more. You can complete any of these courses entirely from your home or office and at any time of the day or night.

How to Get Started:

1. Call Wellesley Recreation to register and pay for your desired course
2. Visit our Online Instruction Center:

ed2go.com/wellrec

3. Click the Orientation link and follow the instructions to enroll. During orientation, you will learn important information about your course. You will also be provided an opportunity to choose the name and password you will use to access your course.
4. When your course starts, return to our Online Instruction Center and click the Classroom link. To begin your studies, simply log in with the name and password you selected during orientation.

Start Dates:

A new section for every online course in this catalog will begin on:

Requirements:

All courses require Internet access, e-mail, the Netscape Navigator, or the Microsoft Internet Explorer. Some courses may have additional requirements. Please visit our Online Instruction Center for more information.

Dec 9 #143800-01

Jan 13 #143800-02

Feb 10 #143800-03

Mar 16 #143800-04

Business Courses

Accounting Fundamentals

Gain a marketable new skill by learning the basics of double-entry bookkeeping, financial reporting, and more. \$95.

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Prepare to take advantage of the many new job opportunities in health care, legal services, and other industries. \$95.

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Discover how to begin a successful and rewarding career in sales. \$95.

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Give your business an advantage by building a strong and just foundation. \$95.

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Master the art of managing sales teams from a sales pro. \$95.

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Gain a powerful and permanent advantage over the competition by practicing expert management. \$95.

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Learn the people skills required to motivate and delegate, and learn tools for solving problems and resolving conflicts. \$95.

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Improve your company's ability to deliver on time and on budget, while increasing customer satisfaction. \$95.

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Build vital leadership skills to attract, retain, and inspire top-notch technical professionals. \$95.

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Develop recruiting techniques that will help you hire the best people. \$95.

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12th Annual Spring Thaw • Saturday, March 26th

Sponsored by: The Local

Join us at Warren Park for an egg hunt! Bring your camera to take pictures of your children with our Spring Bunny!

Please bring your own baskets or bags to collect the eggs.

Ages Walking to 3 years: 10 am Start

Ages 4 - 6 years: 10:20 am Start

